

## Fitnessgram Frequently asked Questions

### 1.What is the website for Fitnessgram 10?

<https://texas.fgontheweb.com/Region/Login.aspx>

### 2.What is my user name and password?

User name: your email address

Password: you must retrieve your own password

#### Example:

User name: [jdoe@saisd.net](mailto:jdoe@saisd.net)

Password: click on forgot password to retrieve it

### **3.Are my kids uploaded into the Fitnessgram 10?**

Yes. Once you have gone under admin as the teacher and selected "ALL" for class; you will then create your FG test. Once your test has been created you will then highlight the created test and hit "Score" to see your students.

### **4.Are we able to print out student and parent reports?**

Yes. Fitnessgram 10 student report and Parent report can be printed in English or Spanish, pre-printed forms available in English and Spanish.

### **5.How do you print out Fitnessgram 10 Student reports?**

- Go to reports menu
- Select "Reports Wizard"
- Select "school" (if school is not available, select Fitnessgram Related) from the drop down list.
- Select your school in the next screen, hit "next".
- At the next screen select "FITNESSGRAM Student Reports" Click next.
- Hit "OK"
- On the next screen you can select "view" to view the report or select "print" to print the report. Click next.

On the next screen select “most recent test” then click on finish.