

REGION IV 5A-6A
FRIDAY, APRIL 27, 2018

8:00 A.M. – Gates will open for the public

6A
AAAAAA Field Events:

		<u>WEIGH-IN TIMES & LOCATION</u>
9:00 am	Girls Pole Vault	<u>NORTHEAST LOCKER ROOM.</u> 7:00-8:00 am
	Boys High Jump	
	Boys Long Jump	<u>ACC GYM FOYER</u>
	Boys Discus	7:00-8:00 am
	Girls Shot Put	7:00-8:00 am
	Girls WC Div	
	Girls Triple Jump	
11:30 am	Girls Discus	<u>ACC GYM FOYER</u> 9:30 -10:30 am
	Girls High Jump	
	Girls Long Jump	
	Boys Triple Jump	<u>ACC GYM FOYER</u>
	Boys Shot Put	9:30-10:30 am
	Boys WC Div	
	Boys Pole Vault	<u>NORTHEAST LOCKER ROOM</u> 9:30-10:30 am

5A
AAAAA Field Events:

		<u>WEIGH-IN TIMES & LOCATION</u>
2:30pm	Girls Pole Vault	<u>NORTHEAST LOCKER ROOM</u> 12:30-1:30 pm
	Boys High Jump	
	Boys Long Jump	<u>ACC GYM FOYER</u>
	Boys Discus	12:30-1:30 pm
	Girls Shot Put	12:30-1:30 pm
	Girls WC Div	
	Girls Triple Jump	
5:00pm	Girls Discus	<u>ACC GYM FOYER</u> 3:00-4:00 pm
	Girls High Jump	
	Girls Long Jump	
	Boys Triple Jump	<u>ACC GYM FOYER</u>
	Boys Shot Put	3:00-4:00 pm
	Boys WC Div	
	Boys Pole Vault	<u>NORTHEAST LOCKER ROOM</u> 3:00-4:00 pm

RUNNING EVENTS: AAAAA and AAAAAA GIRLS AND BOYS PRELIMINARIES
3200 METER GIRLS AND BOYS FINALS

Qualifying Procedures:

Prelims: Heat and lane assignments are generated *randomly* by the Hy-Tek computerized program.

Finals : The winner of each heat and the next 6 fastest times will advance to the finals. Lane assignments are based on times run in prelims. (Lanes 4-5-3-6-2-7-1-8)

9:00 a.m. 3200 Meter Run Finals: 5A Girls & Boys followed by 6A Girls & Boys
All 6A relay entry cards & scratches due at the ACC ticket booth.

5A

AAAAA PRELIMS:

9:30 a.m. (5A 4x100 Relays report/uniform check)

10:00 a.m. 4X100 Meter Relay (Girls & Boys)

10:30 a.m. 100 Meter Hurdles (33") (Girls)

10:40 a.m. 110 Meter Hurdles (39") (Boys)

10:50 a.m. 100 Meter Dash (Girls & Boys)

11:10 a.m. 4X200 Meter Relay (Girls & Boys)

11:30 a.m. 400 Meter Dash (Girls & Boys)

11:50 a.m. 300 Meter Hurdles (30") (Girls)

12:00 p.m. 300 Meter Int. Hurdles (36") (Boys)

12:10 p.m. 200 Meter Dash (Girls & Boys)

12:30 p.m. 4X400 Meter Relay (Girls & Boys)

*****THE ABOVE TIMES ARE APPROXIMATE FOR RUNNING PRELIMS.
*****JUDGE YOUR WARM-UP ON EVENTS, NOT TIMES.

REGION IV 5A-6A

FRIDAY, APRIL 27, 2018

CONTINUED

2:30 p.m. All 6A relay entry cards & scratches due at the ACC ticket booth.

6A

AAAAAA PRELIMS:

3:00 p.m. (6A 4x100 Relays report/uniform check)

3:30 p.m. 4x100 Meter Relay (Girls & Boys)

4:00 p.m. 100 Meter Hurdles (33") (Girls)

4:10 p.m. 110 Meter Hurdles (39") (Boys)

4:20 p.m. 100 Meter Dash (Girls & Boys)

4:40 p.m. 4x200 Meter Relay (Girls & Boys)

5:00 p.m. 400 Meter Dash (Girls & Boys)

5:20 p.m. 300 Meter Hurdles (30") (Girls)

5:30 p.m. 300 Meter Int. Hurdles (36") (Boys)

5:40 p.m. 200 Meter Dash (Girls & Boys)

6:00 p.m. 4X400 Meter Relay (Girls & Boys)

*******THE ABOVE TIMES ARE APPROXIMATE FOR RUNNING PRELIMS.**

*******JUDGE YOUR WARM-UP ON EVENTS, NOT TIMES.**

REGION IV 5A-6A
SATURDAY, APRIL 28, 2018
11:00 A.M. – Gates will open for the public

10:00 a.m. Finals packets will be available at the ACC ticket booth.

RUNNING EVENTS: AAAAA and AAAAAA GIRLS AND BOYS FINALS

PLEASE NOTE: AAAAA teams will run before AAAAAA teams in the Girls and Boys divisions.

- 12:00 p.m.** (4X100 M Relay report/uniform check)
12:30 p.m. 4X100 Meter Relay (Girls and Boys AAAAA and AAAAAA)
- 12:50 p.m.** 800 Meter Run (Girls and Boys AAAAA and AAAAAA)
- 1:10 p.m.** 100 Meter Low Hurdles (33") (Girls AAAAA and AAAAAA)
1:20 p.m. 110 Meter High Hurdles (39") (Boys AAAAA and AAAAAA)
- 1:30 p.m.** 100 Meter Dash (Girls and Boys AAAAA and AAAAAA)
1:35 p.m. 100 Meter Dash (Girls and Boys AAAAA and AAAAAA Wheelchair Division)
- 1:50 p.m.** 4X200 Meter Relay (Girls and Boys AAAAA and AAAAAA)
- 2:10 p.m.** 400 Meter Dash (Girls and Boys AAAAA and AAAAAA)
2:20 p.m. 400 Meter Dash (Girls and Boys AAAAA and AAAAAA Wheelchair Division)
- 2:35 p.m.** 300 Meter Hurdles (30") (Girls AAAAA and AAAAAA)
2:45 p.m. 300 Meter Int. Hurdles (36") (Boys AAAAA and AAAAAA)
- 2:55 p.m.** 200 Meter Dash (Girls and Boys AAAAA and AAAAAA)
- 3:15 p.m.** 1600 Meter Run (Girls and Boys AAAAA and AAAAAA)
- 3:55 p.m.** 4X400 Meter Relay (Girls and Boys AAAAA and AAAAAA)
- 4:40 p.m.** **AWARDS TO TEAM CHAMPIONS**