

healthyme



FREE GROUP FITNESS CLASS SCHEDULE

Join us!

SITE	SCHOOL DISTRICT & LOCATION	TRAINER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Burbank HS 1002 Edwards St	SAISD Secondary Gym	Liza	5:30-6:30 PM			
*Young Women's Leadership Academy 2123 W Huisache	SAISD Gym B	Ken		5:30-6:30 PM		
Whittier MS 2101 Edison Dr	SAISD Cafeteria	Paulo			5:30-6:30 PM	
*Herff ES 996 S Hackberry	SAISD Gym	Denise				5:30-6:30 PM
*Rhodes MS 3000 Tampico St.	SAISD Gym	Denise		4:30-5:30 PM		
Adams ES 135 E Southcross	HISD Gym	Denise	5:30-6:30 PM			
*Carroll Bell 906 March Ave	HISD Gym	Evelyn(T) Nicole (TH)		5:30-6:30 PM		5:30-6:30 PM
Wright ES 115 E Huff	HISD Gym	Ken			5:30-6:30 PM	
Linton ES 2103 Oak Hill Rd	NISD Cafeteria and Gym	Liza (Zumba)			6:00-7:00 PM	

There will be no classes during school observed holidays including the week of Spring Break
Classes for the year will begin week of Jan. 15th end on May 10th. Burbank and Rhodes will begin Monday Jan. 22, 2018.



Humana.

Health Collaborative

Bexar County's Community Health Leadership

Contact us for more information:

210-481-2573 • www.healthymehealthywe.com

