


# healthyme



## FREE GROUP FITNESS CLASS SCHEDULE

Join us!

SITE	SCHOOL DISTRICT and LOCATION	TRAINER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>Burbank HS</b> 1002 Edwards St	<b>SAISD</b> Secondary Gym	<b>Liza</b> "ZUMBA"	5:30- 6:30 PM			
<b>Pride Center San Antonio</b>  1303 McCullough Ave Suite 160	<b>Community Room</b>	<b>Alex</b> "Beginners Circuit Training"		6:30- 7:30 PM		
<b>Rogers ES</b> 620 McIlvaine	<b>SAISD</b> Gym	<b>Paulo</b> "Zumba"			5:30-6:30 PM	
<b>Herff ES</b> 996 S Hackberry	<b>SAISD</b> Gym	<b>Denise</b> "Zumba"				5:45-6:45 PM
<b>Adams ES</b> 135 E Southcross	<b>HISD</b> Gym	<b>Ken</b> "Zumba"	5:30-6:30 PM			
<b>Wright ES</b> 115 E Huff	<b>HISD</b> Gym	<b>Ken</b> "Zumba"			5:30-6:30 PM	
<b>Linton ES</b> 2103 Oak Hill Rd	<b>NISD</b> Cafeteria and Gym	<b>Liza</b> "Zumba"			6:00-7:00 PM	



Let's get Social!!!

Please follow us on facebook for more info on classes, instructors and program special events:  
<https://www.facebook.com/HealthCollaborativeSA/>

**\*\*There will be no sites during the week of Thanksgiving (November 22-23)**

**\*\*Classes for the year will end on December 13 and start up again on January 7.**



Bexar County's *Community Health Leadership*

Contact us for more information:

210-481-2573 • [www.healthymehealthywe.com](http://www.healthymehealthywe.com)

