



***** IMPORTANT SPECIAL DIET INSTRUCTIONS*****
SPRING 2025 (FOR 2025-2026 SY)

Dear Parents/Guardians:

Your child has a Special Diet Request Form on file with the SAISD child nutrition department. It is important to update your child's Special Diet Request Form every school year to communicate the status of your child's special diet.

Please note, a medical signature is NOT required IF the diet has not changed and/or if some or all of the diet is no longer needed.

If this is true of your child, you may complete the 'MEDICAL WAIVER' portion of the attached form. Otherwise, please complete and submit the entire form with your child's medical provider.

Please complete and submit your child's 2025-2026 Special Diet Request Form ASAP.
Please ensure that your child's school and grade are correct for the upcoming 2025-2026 SY.

Thank you for your support!

