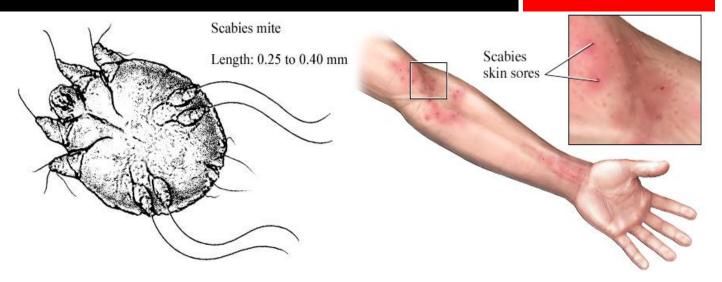
## **Informational Handout on Scabies**



**OVERVIEW:** Scabies is caused by the microscopic human itch mite. The mite burrows itself under the upper layer of skin, lays its eggs and lives there.

**SIGNS/SYMPTOMS:** Intense itching (especially at night) and a pimple like rash commonly in sites such as the elbow, armpit, between the fingers, nipple area, belt – line, and buttocks. The rash may also contain tiny blisters and scales. The area may become infected by transfer of bacteria from scratching at the site. A person may not have symptoms for up to two months after being infested.

HOW TRANSMITTED: Scabies is transmitted through prolonged skin-toskin contact with an infested person. It is easily spread between sexual partners and household members. Nursing homes, extended-care facilities, prisons, and child care facilities are common sites for infestation. Scabies can affect all races and socioeconomic classes.

**HOW DIAGNOSED:** Scabies is diagnosed by a health care provider. They will examine the rash for the presence of burrows and mite fecal matter. The physician may collect a skin sample in order to determine under a microscope if mites are present.

**PREVENTION MEASURES:** Do not share items such as clothing, towels, or bedding used by an infested person.

**TREATMENT:** If scabies infestation is suspected, see your health care provider. There are no over the counter medications available for the treatment of scabies. A scabicide will be prescribed in a cream or lotion form. Only use scabicides that are intended for human use!

**COMPLICATIONS:** Re-infestation from a family member, other infested person, clothing, bedding or towels that were not appropriately washed/dry cleaned, or failure in treatment because of faulty application of medication.

BOTTOM LINE:

- \*Scabies is caused by a microscopic human itch mite
- \* Patients will experience a pimple like rash with intense itching
- \*Scabies is caused by prolonged skin-to-skin contact and can be transmitted through family members or sexual partners.

THIS IS SAISD

Information taken from cdc.gov. Photos taken from WebMD.com

\*Scabies is treated by a prescribed scabicide