

## 9-12 Grade at YMLA YWLA Travis ALA Fox Tech Cast Tech Lunch Menu

**Menu Subject to Change Based Upon Availability**

**This institution is an equal opportunity employer.**

MONDAY 3/22 (Holiday), 4/12	TUESDAY 3/23, 4/13	WEDNESDAY 3/24, 4/14	THURSDAY 3/25, 4/15	FRIDAY 3/26, 4/16
Chicken Nuggets w/ Breadstick Pizza Yogurt Protein Pack Green Beans Glazed Sweet Potatoes Berry Cup Sliced Peaches Milk	<i>Spaghetti w/Meatsauce</i> <i>Garlic Knot</i> <i>Calzone</i> <i>Uncrustable</i> <i>Baby Carrots</i> <i>Italian Broccoli</i> <i>Apple</i> <i>Diced Pears</i> <i>Milk</i>	<i>Crispy Tacos</i> <i>Taco Quesadillas</i> <i>Spanish Rice</i> <i>Club Sandwich</i> <i>Corn</i> <i>Beans</i> <i>Orange</i> <i>Sliced Pears</i> <i>Milk</i>	<i>Pizza</i> <i>BBQ Chicken Sandwich</i> <i>Veggie Bundle w/Hummus</i> <i>Curly Fries</i> <i>Green Beans</i> <i>Banana</i> <i>Applesauce</i> <i>Milk</i>	<i>Breakfast Bowl</i> <i>Spicy Fish Sandwich</i> <i>Yogurt Protein Pack</i> <i>Hashbrown Rounds</i> <i>Sliced Carrots</i> <i>Apple</i> <i>Sliced Peaches</i> <i>Milk</i>
MONDAY 3/29, 4/19	TUESDAY 3/30, 4/20	WEDNESDAY 3/31, 4/21	THURSDAY 4/1, 4/22	FRIDAY 4/2 (Holiday), 4/23 (Holiday)
Chicken Lo Mein Pizza Yogurt Protein Pack Green Beans Celery Sticks Berry Cup Sliced Peaches Milk	<i>Calzone</i> <i>Crispy Chicken Sandwich</i> <i>Uncrustable</i> <i>Baby Carrots</i> <i>Italian Broccoli</i> <i>Apple</i> <i>Diced Pears</i> <i>Milk</i>	<i>Ultimate Chalupa</i> <i>Mini Tacos</i> <i>Yogurt Protein Pack</i> <i>Spanish rice</i> <i>Corn</i> <i>Beans</i> <i>Orange</i> <i>Sliced Pears</i> <i>Milk</i>	<i>Chicken Strips w/Garlic Knot</i> <i>Hamburger</i> <i>Veggie Bundle w/Hummus</i> <i>Baby Carrots</i> <i>Curly Fries</i> <i>Banana</i> <i>Applesauce</i> <i>Milk</i>	<i>Bean &amp; Cheese Bowl w/ Chips</i> <i>Spicy Fish Sandwich</i> <i>Yogurt Protein Pack</i> <i>Sliced Cucumbers</i> <i>Seasoned Pink Beans</i> <i>Apple</i> <i>Sliced Peaches</i> <i>Milk</i>
MONDAY 4/5, 4/26	TUESDAY 4/6, 4/27	WEDNESDAY 4/7, 4/28	THURSDAY 4/8, 4/29	FRIDAY 4/9, 4/30
Chicken Dumplings w/Fried Rice Pizza Yogurt Protein Pack Green Beans Celery Sticks Berry Cup Sliced Peaches Milk	<i>Turkey Lasagna w/ Garlic Knot</i> <i>Crispy Chicken Sandwich</i> <i>Uncrustable</i> <i>Baby Carrots</i> <i>Italian Broccoli</i> <i>Apple</i> <i>Diced Pears</i> <i>Milk</i>	<i>Taco Bowl w/Chips</i> <i>Taco Quesadillas</i> <i>Yogurt Protein Pack</i> <i>Spanish Rice</i> <i>Seasoned Pink Beans</i> <i>Sliced Cucumbers</i> <i>Orange</i> <i>Sliced Pears</i> <i>Milk</i>	<i>Steak Fingers w/Breadstick</i> <i>BBQ Chicken Sandwich</i> <i>Veggie Bundle w/Hummus</i> <i>Mashed Potatoes w/Gravy</i> <i>Green Beans</i> <i>Banana</i> <i>Applesauce</i> <i>Milk</i>	<i>Texas Chicken Biscuit</i> <i>Spicy Fish Sandwich</i> <i>Yogurt Protein Pack</i> <i>Hashrown Rounds</i> <i>Veggie Tray</i> <i>Apple</i> <i>Sliced Peaches</i> <i>Milk</i>