



Do I Need to Submit a Special Diet Form for my Child?

The answer is YES, IF:

- ✓ My child was on a special diet last year and needs the same diet this year.
A medical signature is **NOT** required (**except** when special diet groceries must be purchased); you may complete the MEDICAL WAIVER section of the form.
- ✓ My child was on a special diet last year and no longer needs the diet.
A medical signature is **NOT** required; you may complete the MEDICAL WAIVER section of the form.
- ✓ My child was on a special diet last year and needs some changes to the diet.
A medical signature **may (not)** be required; please review and submit a Special Diet Request Form.
- ✓ My child was **not** on a special diet last year but needs a diet this year.
A medical signature **is required**; please submit a Special Diet Request Form with a medical Rx.

The answer is NO, IF:

- My child was **not** on a special diet last year and does not need a special diet.
- My child was **not** on a special diet last year and although my child has some mild allergies and/or diet restrictions, I feel comfortable with my child making choices through the line; I do not want my child to receive special meal accommodations.

If you have any questions, please contact the District Dietitian, Alyssa Garza, at 210-554-2290.
This institution is an equal opportunity provider.