

# SAISD School Health Advisory Council

Meeting Minutes  
October 24, 2019

## **Opening**

The regular meeting of the SAISD School Health Advisory Council was called to order at 11:38am on 10-24 at the San Antonio Botanical Gardens, Classroom B by Janet Trevino.

## **Present**

Attendee names--Raul Salazar, Victoria Bustos, Gloria Davis, Monica Cannon, Jenny Arredondo, Diana Centeno, Janet Trevino, Frank Salinas, Katheryne Cline, Rene Gutierrez, Teresa Acosta, Anahi Badilla, Michelle Reyes, Janet Garcia, Katy Bowen,

## **Approval of Agenda**

The agenda was unanimously approved as distributed.

## **Approval of Minutes (11:43)**

The minutes of the previous meeting were unanimously approved as distributed. Need to add Monica Cannon to the list of people present at the 9-26 meeting

## **New Business**

### **Bringing Back High School Health (11:43-11:56)**- Victoria Bustos

2012- High School Health was a required local credit (state elective)

2015- House Bill 5 shifted graduation requirements. Course pathways were created to support endorsements. Due to this, high school health, was no longer a requirement.

Currently, SAISD does not offer High School health. It appears on the course cards, but not campuses have enough interest to support a section.

Discussion around the possibilities of offering it in the future, benefits for our students and possible schedule pairings to support the ½ credit.

Committee discussed the need for data to support the recommendation to bring back high school health

### **Wellness Plan Update (11:56--12:09)** Jenny Arrerondo

4 overall components (nutrition, PE, School Based Activities, Health Services)

Wellness plan required as a part of the National school lunch and breakfast program

After 3 years, it is required to re-evaluate the plan by the end of September 2020

What avenues are in place to help support campuses enforce this plan? Discussion around presentation to principals, talking with Patti Salzmann, Chief Academic Officer



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### Handle With Care (12:10-12:16) Diana Centeno

Partnership with local law enforcement agencies to let campuses know if students were involved or witness any trauma. Then campuses can better support/serve those students. If sleepy-send to nurse, if make an outburst-send to counselor ...be proactive in their care

### Administrative Items (12:16-12:20)-Janet Trevino

Motion, second to make SHAC officer terms from 1 year to 2 years

Discussed the option of parents attending one SHAC meeting before applying to be on the committee.

How can awareness of the committee be raised? -SHAC Facebook, attend principal coffee talks, make flyer (one pager) to pass out at campus carnivals, etc.

### Next Meeting Date (12:21-12:27)

4 meetings are required a year

Every other month would be subcommittee or work on issue meetings

January 30- Work on wellness plan The Pearl San Antonio Tx

February 20- SHAC committee meeting-San Antonio Botanical Garden

March 26- subcommittee (location TBD)

### **Agenda for Next Meeting**

Dawn Kulpa-SEAD

### **Adjournment**

Meeting was adjourned at 12:38pm by Janet Trevino.

Minutes submitted by: Kathryn Cline

Approved by: Raul Salazar

