

# SAISD School Health Advisory Council

Meeting Minutes  
September 26, 2019

## **Opening**

The regular meeting of the SAISD School Health Advisory Council was called to order at 11:40am on 9-26 at the San Antonio Botanical Gardens, Classroom B by Lisa Cortez Walden.

## **Present**

Attendee names--Raul Salazar, Victoria Bustos, Vanessa Zuniga, Gloria Davis, Jenny Arredondo, Chief Jose Curiel, Lucy Eller, Diana Centeno, Janet Trevino, Lisa Cortez-Walden, Frank Salinas, Katheryne Cline, Berta Macat, Alan Mauricio, Monica Cannon

## **Approval of Agenda**

The agenda was unanimously approved as distributed.

## **Approval of Minutes(11:42)**

The minutes of the previous meeting were unanimously approved as distributed.

## **Open Issues (11:42-11:52)**

Nominations for Chair, Vice Chair and Secretary...positions were explained, descriptions shown via website

Janet Trevino-Chair

Frank Salinas-Vice Chair

Lisa Cortez Walden-Secretary

voted and approved, 11:51am

## **New Business**

**San Antonio Botanical Gardens(11:51-12:00)**- Katie Erickson and Lexi Phillips

Presented educational programming opportunities for schools, including bus reimbursement and funds to help offset admission costs. The mission of the gardens is to connect people with plants.

The Gardens also offer evening/family events, summer camps and a Thanksgiving cooking camp

**CHEF Program (12:00-12:11)**(Culinary Health Education for Families)-Katherine Bowen

-CHEF has 7 teaching kitchens throughout the city, mission to drive healthy eating

-Beginning a pilot program with SAISD



## SAISD School Health Advisory Council

20 elementary schools beginning January 2020 (Raul will email committee the list of schools)

November-Pre-assessment

April-Post assessment and second round of schools selected

### **SAISD Wellness Plan (12:11-12:23)**

-required from the federal government as a result of the district providing various food programs

-SHAC responsible for wellness plan

-reviewed current plan on website

-almost time to review/evaluate the plan-this will be the responsibility of the committee

-next steps is for the committee to familiarize itself with the plan

### **Next Meeting Date (12:23-12:27)**

Thursday, October 24- San Antonio Botanical Gardens

lunch time works with everyone (11:30-12:30)

-Janet Trevino asked if there could be a sign pointing us in the right direction? A greeter up front?

### **Agenda for Next Meeting**

Janet Trevino-wanted to know, get an update on the SEAD implementation. Raul will reach out to Dawn Kulpa to present at the next SHAC meeting.

### **Adjournment**

Meeting was adjourned at 12:28pm by Lisa Cortez Walden. The next general meeting will be at 11:30 a.m. - 12:30 p.m. on October 24, 2019, in the Botanical Gardens.

Minutes submitted by: Katheryn Cline

Approved by: SHAC Members 11:43 a.m.

