



# Brackenridge Area Resource List

## **Child Care**

Madonna Neighborhood Center 210-432-2374  
Monday – Friday 7:00 am- 6:00 pm  
1906 Castroville Road, San Antonio, TX 78237

St. Paul Lutheran Church 210-534-8577  
Full-day care for infants, toddlers and preschoolers.  
Children learn and play in a NAEYC accredited program, recognized for excellence in curriculum, teachers, facilities and more, meals and snacks included.  
2302 South Presa, San Antonio, TX 78210

## **Clothing Assistance**

Baptist Temple Church 210-533-7114  
Tuesday-Thursday: 9:00am – 1:00pm, by appointment  
850 East Drexel Avenue, San Antonio, TX 78210

Catholic Charities 210-226-6178  
Walk-ins Mondays-Fridays 8:00am-9:30 am  
Requirements: picture ID, social security card, proof of address  
1801 W. Cesar E. Chavez Blvd. San Antonio, TX, 78207

Christian Assistance Ministry 210-223-4099  
Emergency assistance only, available once every 2 months  
once every two months  
\*call for eligibility requirements  
Monday-Thursday 9:00 am to 3:30 pm and Friday 9:00 am-11:30 am  
110 McCullough Ave, San Antonio, TX – 78215

Crestholme Presbyterian Church 210-333-1301  
Thursdays 9:00am-11:00 am  
1602 Goliad Road, San Antonio, TX, 78223

Ella Austin 210-224-2351 ext. 128 or 107  
\*call to set up appointment  
Monday-Friday 8:00am- 5:00pm  
1023 N. Pine St. San Antonio, TX 78202

Inner City Development 210-224-7239  
Picture ID required  
Clothing closet: M/F 10am-11:30am  
1300 Chihuahua, San Antonio, Texas, 78207

St. Cecelia Parish 210-533-7109  
Wednesdays 10:00am-12:00pm  
125 W Whittier St, San Antonio, TX 78210

### **Counseling Services**

Avalon Social Services 210-735-7275

- Avalon provides counseling for: mental health concerns, cognitive problems, behavioral problems, ADHD, substance abuse and addiction, grief and loss, domestic violence, relationship problems, etc.
- Counseling is available in-office, in-home and in both English and Spanish
- Counseling Styles: Eclectic, Behavioral, Brief Therapy, Cognitive, Systems, Play therapy
- Insurance: Traditional Medicaid, Cenpatico, Superior Medicaid / STAR, Community First Amerigroup, Molina Health Care, Aetna Medicaid, and CHIP, private insurance not accepted

Office hours: M-F 8:30am-5pm, therapist hours vary  
1731 N Comal St, San Antonio, TX 78212

Catholic Charities 210-377-1133

Mondays & Wednesdays 9:00am-5:00pm. Tuesdays & Thursdays 10:00am-6:00pm. Fridays 9:00am-3:00pm. Saturdays sometimes available.

- Child-Adolescent-Adult & Family Counseling;
- Alcohol & Substance Abuse Counseling;
- Anger Management & Domestic Violence;
- Grief & Loss Therapy (Bereavement);
- Marriage Counseling & Reconciliation;
- Parenting & Play Therapy for Children;
- Post-Traumatic Stress Therapy (for PTSD)
- Recovery from Sexual Abuse/Sexuality Issues;

231 West Commerce, San Antonio, TX 78205

Children's Shelter-Hope Center 210-503-4500

- Individual, group, and family therapy
- Parenting skills groups
- Play and art therapy
- Sensory garden
- Staffed by licensed counselors, psychiatrists, and social workers
- In-home family support and education
- Parent-Child Interaction Therapy (PCIT)

2939 W. Woodlawn building 3 San Antonio, TX, 78228

ChildSafe 210-675-9000

ChildSafe provides counseling services to children traumatized by physical and sexual abuse, neglect, or witness to violence between the ages of 3-18. Siblings and non-offending caregivers may also be eligible for counseling services.

7130 West US Hwy 90, San Antonio, TX 78227

Clarity Child Guidance Center 210-582-6412 (Acute Crisis), 210-616-0300 (Outpatient services)  
children ages 3-17 struggling with serious mental, emotional, or behavioral problems  
8535 Tom Slick, San Antonio, Texas 78229

Guardian House 210-733-3349

Psychological and emotional issues

- Parent facilitation and Cooperative parenting
- Reunification and Parent training
- Anger management and Stress management
- Support groups: teens, children, and adults

Free or Sliding Scale Fee

1818 San Pedro Avenue San Antonio, Texas 78212

Jewish Family Services 210-533-1112

1151 Mission Road, San Antonio, TX

Individual, family and group counseling. Sliding fee scale, insurance accepted.

Presa Community Service Center 210-532-5295

3721 S Presa St San Antonio, TX 78210

Adults and families

\*sliding scale fee only, no insurances accepted, by appointment only

Roy Maas' Youth Alternatives 210-340-7971

Parent-child conflicts, anxiety, substance abuse, runaways, truancy, emotional issues, anger management

Individual (up to 17 years old) and family counseling and psychiatric services

Sliding scale fee

3103 West Ave San Antonio, TX 78213

Monday-Wednesday 11AM-8PM, Thursday 8AM-5PM, and Friday 9AM-6PM

San Antonio Counseling & Behavioral Center 210-614-4990

2300 W. Commerce Street, Suite 306, San Antonio, TX 78207

4201 Medical Drive, Suite 330, San Antonio, TX 78229

Counseling and Evaluation Provided for: Depression, Family issues, Trauma (PTSD), Eating Disorders, Addictions, School Related Problems, Mood Disorders, Mental Health Evaluations, Autism, Learning Disabilities, Autism, ADHD, Anxiety, Play Therapy

Sage Social Services 210-248-9077

101 Peaceful Lane, Converse, Texas 78109

Office hours: M-F 8am-6pm, therapist hours vary

In-Home and In-Office Counseling

Learning & Developmental Disabilities, Cognitive Problems, Behavioral Problems, School Related Problems, Substance Abuse & Addictions, Mental Health Concerns, Psychosocial Assessments

Also includes Play/Drama, Music & Art Assisted Therapy

\*Sliding scale fee available for \$40 the first session and \$30 thereafter, 5 sessions max, completed with intern

St. PJ's 210-533-1203 or 210-533-1203

919 Mission Rd San Antonio, TX 78210

Mental health evaluations/counseling children & adolescents, ages 3-18, adults, & families

Specialize in healing psychological/emotional trauma related to abuse or neglect, family violence, grief and loss, relationship problems, and common mental health disorders such as depression, anxiety, anger management issues, and attention deficit hyperactivity disorder

#### The Center for Healthcare Services

Adult: 210-261-1250      806 S. Zarzamora St, San Antonio, TX 78201

Children: 210-261-3350      227 W. Drexel, San Antonio, TX 78210  
6812 Bandera Rd, San Antonio, TX 78238

Behavioral health services, mental health treatment, adolescent Substance Abuse Services, counseling, case management services

#### The Children's Bereavement Center of South Texas 210-736-4847

Grief counseling-Individual and family counseling

Peer support groups Sunday – Thursday 6:30-8:00 pm.

Individual/Family Counseling Sunday – Friday, hours vary on availability.

Free or sliding scale

205 W. Olmos Dr., San Antonio, TX, 78212

#### STAR program-BCFS 210-283-5183

Free family, individual, and group counseling - For youth ages 0-17 & their families

Specialize in Family conflict, running away, skipping school, delinquent behavior

Crisis intervention

Education and support groups for parents and youth that include parenting skills, stress management and stranger danger, Child abuse prevention training

Short-term, emergency respite placement

2 Locations: 410/Callahan and 281/San Pedro

#### UTSA Sarabia Family Counseling Center 210-458-2055

Individual, couple, group, and family counseling

Grief, stress, parenting, relationship difficulties, divorce, illness, school concerns

\*hours of counseling vary. Please call for more information

501 W. César E. Chávez Blvd., San Antonio, TX 78207

### **Crisis Hotline**

Texas Youth Hotline (Runaway) 1-800-989-6884

The Rape Crisis Center (24 hour hotline) 210-349-7273

Office: 210-521-7273

Services are free

Counseling: individual, group, couple, family, & play therapy

7500 W US Hwy 90, San Antonio, TX 78227

Trevor Hotline 866-488-7386

Crisis intervention & suicide prevention services to lesbian, gay, bisexual, transgender, and questioning youth

National Suicide Prevention Lifeline 1-800-273-8255 (TALK)

Red Nacional de Prevención del Suicidio: 1-888-628-9454

Crisis Textline: Text "HOME" to 741-741

## **Food Pantry**

Baptist Temple Church 210-533-7114  
T/W 9:00 am - 1:00 pm; Thur 10:00 am - 2:00 pm  
850 E. Drexel Ave, Inside Thrift Store Bldg San Antonio, TX, 78210

Beyond the Light Outreach 210-487-8268  
4<sup>th</sup> Thursday of the month 10:00am-12:00pm  
607 Piedmont, San Antonio, TX, 78203

Catholic Charities 210-226-6178  
M-F 8:00 am-10:30 am  
Picture ID, proof of address, and social security  
1801 W. Cesar E. Chavez Boulevard San Antonio, TX 78207

Christian Assistance Ministry 210-223-4099  
110 McCullough, San Antonio, TX, 78215  
Mon - Thur 9:00 am - 3:30 pm; Fri 9:00 am - 11:30 am

Community Angels Food Pantry 210-878-9489 2.1  
2nd & 4th Monday of each month 1:00 pm- 2:00 pm  
611 N Flores St, San Antonio, TX 78205

Ella Austin (210) 224-2351 ext. 1  
Food Pantry 9:00 am- 12:00 pm and 1:00 pm- 4:00 pm  
\*call to set up appointment. Walk-in sometimes available  
1023 N. Pine St. San Antonio, TX 78202

Inner City Development 210-224-7239  
\*Emergency only\*  
Picture ID required, proof of address  
Monday-Friday 9:15 am-11:00 a.m.  
1300 Chihuahua, San Antonio, Texas, 78207

Mount Zion Baptist Church 210-533-7131  
Fridays 1:00 pm  
Photo ID  
1<sup>st</sup> Friday of the month is for registration for the remainder of month  
333 Martin Luther King Dr, San Antonio, TX 78203

Presa Community Service Center 210-532-5295  
Monday – Friday from 8:30 am to 12:00 pm and 1:00 pm- 4:00 pm  
3721 S Presa St, San Antonio, TX 78210  
Valid ID and utility bill required

Rev Ministries 210-253-0441  
1st and 3rd Wed of each month  
1918 Steves Ave  
San Antonio, TX 78210

St. Paul Lutheran Church 210-532-7341  
Wednesday 10 am- 2 pm

2302 South Presa, San Antonio TX, 78210

St. Paul United Methodist 210-227-2525

2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> Saturday for food and clothing: 10am – 1pm

508 N Center Street, San Antonio, TX, 78202

Thompson Chapel Church of God in Christ

4th Sat of each month 10:00 am - 12:00 pm

903 S Palmetto St San Antonio, TX 78210

### **Financial Empowerment Centers**

Claude Black Community Center 210-431-4425 to schedule appointment for financial assistance

- Improve your credit
- Build your savings
- Take control of your debt

2805 E. Commerce Street, San Antonio, TX 78202

Neighborhood Place-Family Service Association 210-431-7500

- One-on-one sessions
- The Financial Empowerment Center helps reduce debt, increase savings & improve credit scores
- At least 18 years old, unless with parent or legal guardian

3014 Rivas Street, San Antonio, Texas 78228

### **Holiday Programs**

Presa Community Service Center 210-532-5295

Family School Community Partnership

20 lb bag of food

3721 S Presa St, San Antonio, TX 78210

### **Home Repair**

Blueprint Ministries 210-533-2761

Homeowners must live inside the follow zip codes: 78202, 78203, 78207, 78208, or 78210

Only accept applications through mail

does not perform major plumbing, electrical or foundation work

Home repairs can range from roofing and dry wall repair to subflooring installation and painting

Texas Ramp Project 214-675-1230

Ramps are built by volunteers

\*online referral must be made by a social worker or healthcare professional

### **LGBTQ Community**

The Pride Center 210-370-PRIDE (7743)

- Mentoring
- Peer support groups
- support group for LGBT parents

1002 N. Flores St. San Antonio, TX 78212

## **Parent Education**

BCFS-Texas Families: Together and Safe (TFTS) 210-233-5923

Free classes

Resolve conflict and improve communication among family members

Improve children's behavioral problems

Deal with complicated issues like strong emotions, aggression, alcohol and violence

Validate the parents' strengths

\*locations vary

Boys Town 210-271-1010

Common Sense Parenting (CSP): parenting program addresses issues of communication, discipline, decision making, relationships, self-control and school success.

503 Urban Loop, San Antonio, TX 78204

## **Prescription Medications**

American Cancer Society 800-227-2345

Christian assistance ministry up to \$40 annually

(210) 223-4099 Hours: Monday-Thursday 9 a.m. to 3:30 p.m. Friday 9-11:45

110 McCullough Ave San Antonio, TX – 78215

\*Multiple locations

## **Psychiatric/Psychiatrist Services**

Clarity Child Guidance Center 210-582-6412

children ages 3-17 struggling with serious mental, emotional, or behavioral problems

8535 Tom Slick, San Antonio, Texas 78229

CommuniCare Health Center 210-233-7000

Under 18 years old

M-F 8:00am to 7:00pm

3066 East Commerce, San Antonio, Texas 78220

\*multiple locations

The Center for Healthcare Services

Adult: 210-261-1250            806 S Zarzamora St, San Antonio, TX 78201

Children: 210-261-3350        227 W. Drexel, San Antonio, TX 78210

6812 Bandera Rd, San Antonio, TX 78238

Behavioral health services, mental health treatment, adolescent Substance Abuse Services, counseling

## **Transportation**

Christian Assistance Ministry 210-223-4099

Bus tickets to medical appointments, job interview or to start a new full time permanent job

\*multiple locations

Presa Community Service Center 210-532-5554  
Transportation provided within Bexar county  
Medical, groceries, and personal trips  
Call 2-3 weeks in advance  
\$10 round-trip or \$5 one-way  
Disabled and/or 60+ years old  
3721 S Presa St, San Antonio, TX 78210

### **Utility Assistance**

Christian Assistance Ministry 210-223-4099  
\*emergency/crisis assistance only  
Disconnection notice and photo ID required  
Monday-Thursday 9 a.m. to 3:30 p.m. Friday 9-11:45  
Various locations; walk-in only  
110 McCullough Avenue, San Antonio, TX 78215

Catholic Charities 210-226-6178  
Call required Mondays at 8:00 am  
By appointment only  
Past due notice or disconnection notice  
Assistance provided varies depending on funding  
\*ineligible if utilities already disconnected\*

City of San Antonio Utility Assistance Program-Department of Human Services  
SAWS and CPS  
210-207-7830  
Willie Velásquez Center  
1302 N. Zarzamora San Antonio, TX 78207

### **Workforce & Education**

City of San Antonio Family Assistance Division 210-431-7500

- Job readiness activities such as assistance with résumé writing, interviewing skills and job leads
- Scholarship opportunities for Alamo Colleges Demand Occupations Training Programs
- Textbooks, supplies and uniforms required for Demand Occupations Training Programs
- One-on-One career coaching, case management services and counseling services

\* Eligible participants must meet income criteria upon enrollment into the program.  
3014 Rivas Street, San Antonio, TX 78228

### **Youth Substance Abuse Programs**

Rise To Recovery 210-697-9766  
\*hours & services dependent on location  
Individual & group counseling, activity center  
10226 Ironside, San Antonio, TX 78230

PLEASE NOTE: SAISD IS NOT AFFILIATED WITH THE ORGANIZATIONS OR RESOURCES LISTED.  
PLEASE CALL RESOURCES AND ORGANIZATIONS DIRECTLY FOR MORE INFORMATION AND  
ELIGIBILITY REQUIREMENTS. UPDATED 2018