



Community Resources/ Recursos de la comunidad



Help & Referral Lines/Líneas de ayuda

- 211 Texas/United Way Help Line Info & ReferralDial 211
- SAPD Non-Emergency Line.....207-7273
- Child Abuse/Neglect & Elder Abuse Helpline.1-800-252-5400
- ChildSafe (sexual abuse intervention).....675-9000
- Family Violence Prevention Services.....930-3669
- National Suicide Prevention Lifeline..... 1-800-273-8255
- Texas Youth & Runaway Hotline.....1-888-989-6884
- The Rape Crisis Center.....349-7273
- American Red Cross224-5151
- Toll free phone # 1-800-775-6803
- Center for Health Care Services Crisis Line.....223-7233
- Toll free phone #1-800-316-9241
- Emergency/Police/Fire/EMS..... 911
- Narcotics Anonymous434-0665
- San Antonio Food Bank (Food Stamp, CHIP, Medicaid)
.....431-8326
- VIA Metropolitan Transit..... 362-2020



Clothing Assistance/Ayuda con ropa

- Catholic Charities**226-6178
1801 W. Cesar Chavez, Mon. - Fri., 8:00 –11:00 am and 1:00 – 4:00 pm
- Christian Assistance Ministry (CAM)**223-6648
110 McCullough, Mon. – Thurs., 9:00 am – 3:30 pm,
Fri. 9:00 am – Noon
- Crestholme Presbyterian Church**.....333-1303
1602 Goliad, Thursday 9:00 – 11:00 am
- Inner City Development**224-7239
1300 Chihuahua, Mon. 10:00 – 11:30 am



Counseling/Mental Health Consejos/ Salud Mental

- Center for Health Care Services, 227 W. Drexel**261-3500
6812 Bandera Rd., Suite 102261-3583
Services for children ages 3-17 yrs. old. Call for eligibility appointment..... 223-4061
In case of an emergency contact: THE CRISIS LINE 223-SAFE (7233)
- Children’s Bereavement Center**.....736-4847
Grief counseling for ages 3-24 and their families. Call for appointment.
- Clarity Child Guidance Center**.....616-0300
Ask for Outpatient Admissions. Mental Health programs for children ages 3 – 17.
- Family Service Association**.....299-2400
702 San Pedro, Individual, family, child, marital/couple and group counseling.
- Guardian House, 1818 San Pedro Ave**.....733-3349
Counseling for children, teens, adults, families & couples.
Free Family Focus Groups offering support to those experiencing divorce, separation, or significant changes in the family.
- Jewish Family Services**533-1112
1151 Mission Road, Individual, family and group counseling.
Sliding fee scale, insurance accepted.
- Laurel Ridge – Partial Day Hospitalization**.....491-9400
High Point @ Loop 410 & Babcock Rd., Children ages 8 – 17
- NAMI, 510 Belknap Place, Rm. 242**.....734-3349
Free self-help courses for families affected by mental illness.
- Omni Counseling & Psychological – South Office**...733-9929
3875 E. Southcross Blvd. Suite E in the Minten Plaza – Mobile # 421-7779
- St. Peter St. Joseph’s Counseling Center**.....533-1203
919 Mission Road, Individual, family and group counseling.
Services are free.



Community Resources/ Recursos de la comunidad

Food pantry referral, Food Stamp Outreach Program, Project HOPE for Senior Citizens
SNAP/Food Stamps – Health & Human Services
.....1-888-834-7406



Eyelasses/Optical Lentes/ Óptico

I Care San Antonio220-2370

Lions Club 225-1164

UIW Bowden Eye Care and Health.....619-7020
2547 E. Commerce St., 78203



Food/Nutrition Comida/Nutrición

Catholic Charities 226-6178
1801 W. Cesar Chavez, Mon. – Fri. 8:00 – 11:00 am, Need ID, SS card & Utility Bill

Christian Assistance Ministry (CAM) 223-6648
110 McCullough, Mon. – Thurs. 9:00 am – 3:30 pm,
Fri. 9:00 am – Noon

Crestholme Presbyterian Church 333-1303
1602 Goliad, Tues., Wed., Fri. 9:30 – 11:00 am

Salvation Army Hope Center352-2020
910 N. Flores, Food appts. Monday only, 8:30 – 11:00 am

Little Church of La Villita 226-3593
508 Paseo de La Villita, groceries, Mon–Fri. 10:00am- 4:00 pm

St. Vincent de Paul225-7837

New Center of Faith Church390-1197
230 Mount Vernon, 3rd Saturday of month 10:00am–12:00pm

Pax Christi, 391 Fairview.....534-5191
Fridays 3:00 – 5:00 pm.

San Antonio Food Bank Customer Care Line.....431-8326



Medical/Dental Clinics/ Clinicas

Centro Med San Saba Clinic.....738-8222
315 N San Saba #103, San Antonio, TX 78207

Barrio Family Health Center..... 434-2368
1102 Barclay St, San Antonio, TX 78207

Christus Santa Rosa Dental Center.....704-2206
333. N. Santa Rosa St. #3601, Pediatric dental care for children up to age 18.

San Antonio Christian Dental Clinic 226-8041
711 N. Frio, Bldg. 1. Provides dental care to low-income persons who have no other resources with which to access dental services. Call for appointment.

Communicare Health Center – Barrio Comprehensive Clinic 434-2647
Dr. Frank Bryant Health Center.....233-7096
Provides comprehensive dental care for children and adults. Call for appointment.

CentroMed South Park Dental Clinic 924-7344
910 Wagner

Applying for CHIP & Medicaid and the Affordable Care Act
By Phone: Contact 211 or call the San Antonio Food Bank at 431-8326.

Health Insurance Marketplace 1-800-318-2596
Online: www.Healthcare.gov or www.CuidadoDeSalud.gov
In Person: Alamo Area Council of Governments 362-5254 or (800) 960-5201

Communicare Clinics 233-7157 or www.communicaresa.org
Centro Med 922-7000 or www.centromedsa.com
University Health System 358-3350



Community Resources/ Recursos de la comunidad



Emergency Shelters/Albergue de emergencia

Family Violence Prevention Services.....733-8810
(Battered Women’s Shelter) 24 hour hotline, Intakes are in person.

Salvation Army Hope Center352-2046
515 W. Elmira, Intakes at 3:00 pm, Call for requirements.

Strong Foundation Ministries641-4357
414 N. Hackberry, Single woman and families, Call for appointment.

The Bridge Emergency Shelter.....340-7933
3103 W. Avenue, Provides 24-hour a day emergency care in a structured setting for boys and girls age 5-17 years of age.



Emergency Financial Assistance/ Ayuda financiera

Bexar County Health & Human Services335-6770
233 N. Pecos, Suite 590, Utility/ Rental Assistance.

City of San Antonio – Family Assistance Center..... 207-7830
Emergency Rent & Utility Assistance, Case Management, M-F 7:45-4:30 pm.

Catholic Charities226-6178
1801 W. Cesar Chavez, Disconnected Utilities Only, Mon. – Fri. 8:00 – 10:00 am.

Neighborhood Place.....431-7551
3014 Rivas St. room 23. Call to check if funding is available.

Salvation Army352-2020
910 N. Flores, Rent & Utilities, Call Monday am for appointment.

St. Peter –St. Joseph Children’s Home (Project Ayuda) –

919 Mission Road.....531- 8555
Emergency assistance, case management, food, counseling.

St. Vincent de Paul225-7837
Mon. – Fri. 8:00 am – 12:00 pm & 1:00 pm – 5:00 pm. Call for referral to local church providing service.

SAMMinistries Prevention Services377-1616
Rent & Utility assistance



Housing Assistance/Ayuda de vivienda

Bexar County Housing Authority.....225-0071
1017 N. Main # 201, Section 8 Housing Assistance program for Bexar County

Habitat for Humanity of San Antonio.....223-5203
311 Probandt, Homeownership Program, 0% Interest, \$450-\$500 mortgage for a 3-4 bedroom home, 1 or 2 Baths, Stove & Refrigerator included, Central Air

San Antonio Housing Authority.....477-6262
818 S. Flores, Public and Section 8 housing assistance, HUD subsidized rental listing.



Transitional Housing/Vivienda de transición

Salvation Army Scattered Sites Transitional Apartment Program.....352-2000
Single parents (homeless) and their children under the age of 17. Must work or attend school. Application and interview required.



Community Resources/ Recursos de la comunidad



Salvation Army Stepping Forward

Program.....352-2000

Transitional housing for single homeless mothers and their children under the age of 10.

SAMinistries Transitional Housing and Transitional Living & Learning Center

5922 Blanco Rd.....979-6188

Housing support programs for families with dependent children.



Other Social Services Programs/ Otros Servicios Sociales

Big Brothers Big Sisters of South Texas-225-6377

Community-Based Mentoring Program. Child is paired with an adult volunteer who will “mentor” child through regular weekly or bi-weekly visits.

MCH Family Outreach.....733-3904

Family Solutions Program – Free In-home case management and support to families. Must have at least one child under the age of 14. Program is a 4 month program.

Grandparents as Parents Program (GAPP) – 90 day case management program. Participants must have at least one grandchild under the age of 18 living in the home full time.



Libraries/ Bibliotecas

Biblio Tech.....631-0180

3505 Pleasanton Rd. – Hours: M-F 12-8 pm

Sat./Sun. 10 am – 6 pm.

McCreless Branch.....207-9170

1023 Ada – Hours: Mon. & Wed. 12-8 pm,

Tues, Thurs, Fri., Sat.,Sun. 10 am – 6 pm.

Mission Branch.....207-2704

3134 Roosevelt Ave. – Hours: Mon., Wed., Fri.,

Sat., Sun. 10 am – 6 pm/ Tue. & Thurs. 12-8 pm

SAISD Family & Student Support Services

JoAnn Buitron, LMSW

Social Worker Highlands Feeder

(210) 438-6860 ext. 63415

jbuitron1@saisd.net

Officed at Highland Hills Elementary

734 Glamis Ave.

San Antonio, Tx. 78223



Parenting Support Programs/ Apoyo para padres

Catholic Charities.....222-1294 ext. 212

Building Strong Families – Home-based parenting skills instruction.

The Children’s Shelter iParent SA....212-2594

Seven to ten week program using the Systematic Training for Effective Parenting (S.T.E.P) curriculum.