

## **Resources Close to Lanier High School**

### **Emergency Numbers:**

Police, Fire, EMS.....	911
SAPD Non-Emergency Line.....	207-7273
Center for Health Care Services Crisis Line.....	223-7233
Child Abuse/Neglect & Elder Abuse Helpline.....	800-252-5400
Children’s Bereavement Center.....	736-4847
Child Safe (Sexual Abuse Intervention).....	675-9000
City of San Antonio – 311 Customer Service.....	311
Clarity Child Guidance.....	616-0300
Family Violence Prevention Services.....	733-8810
National Suicide Prevention Lifeline.....	800-273-8255
Operation School Bell.....	732-1200
Texas Poison Control.....	888-222-1222
Texas Youth & Runaway Hotline.....	888-989-6884
The Rape Crisis Center.....	349-7273
United Way Help Line.....	211

## Medical Services

### **Barrio Clinic**

1102 Barclay, San Antonio TX 78207 (210)233-7000

### **Centro Med (San Saba) Clinic**

315 N San Saba #103, San Antonio, TX 78207 (210) 738-8222

### **Teen Health Clinic – University Health System**

Robert B. Green Campus, Clinical Pavilion, 4<sup>th</sup> floor, 903 W. Martin, San Antonio, TX 78207 (210)358-8255

### **Wesley Community Center Health & Wellness**

1406 Fitch St. San Antonio, TX 78211 (210) 922-6922

### **Zarzamora Clinic — University Health System**

4503 S. Zarzamora, San Antonio, TX 78237 (210) 358-8255

## Dental Services

### **Barrio Family Health Center**

1102 Barclay St. San Antonio, TX 78207. (210)434-2368

### **San Antonio Christian Dental Clinic**

1 Haven for Hope Way, San Antonio, TX 78207. (210)220-2300

### **Children’s Hospital of San Antonio**

519 W. Houston St. San Antonio, TX 78207. (210-704-2211 or (210)7042206.

## Food & Basic Needs

### **Catholic Charities**

1801 W. Cesar Chavez Blvd, San Antonio, TX 78207, (210)226-6178

Mon-Fri 8am – 11am. Eligibility: income criteria, emergency need or currently receiving federal benefits such as TANF, Food Stamps/SNAP, WIC. Clothing assistance.

### **Good Samaritan Community Services**

1600 Saltillo, San Antonio, TX 78207, (210) 434-5531 ext. 5002.

Eligibility: Available to any resident in Bexar County that falls below federal poverty levels and must present a valid ID at time of registration. 2<sup>nd</sup> and 4<sup>th</sup> week of the month; Tues-Thurs from 9am-4pm (closed between 11:30-1:30pm for lunch and on holidays/agency closure). Registered participants can use this service once a month, up to four times a year.

### **Inman Christian Center**

1214 Colima, San Antonio, TX 78207, (210) 222-9541.

Eligibility: Food Pantry open every Mon, Wed, and Thurs from 7am – 1pm, ID required, allowed once every 90 days. Large pantry once a month, last Saturday of the month, 8am. Cannot receive large pantry assistance if assisted with food earlier in the month.

### **Inner City Development**

1300 Chihuahua, San Antonio, TX 78207, (210)224-7239.

Eligibility: Income criteria, emergency need, or currently receiving federal benefits. Monday to Friday, 10:00am – Noon.

### **Society of St. Vincent De Paul**

Call (210) 225-7837 to locate agencies/churches in area that are able to assist.

#### **St. Timothy Church (St. Vincent De Paul Society)**

1515 Saltillo, San Antonio, TX 78207; (210)434-2391. Food Pantry open: Every Tuesday & Friday; 9am to 12pm. Need ID and proof of residence, reside in parish boundaries, assist monthly, and can assist 1 x if outside of parish boundary.

#### **St. Agnes Church (St. Vincent De Paul Society)**

804 Ruiz, San Antonio, TX 78207, (210)227-8258. Food Pantry open: Every Wednesday from 10am to 1pm. Need ID and proof of residence, reside in parish boundaries, can assist monthly, 1x assistance if outside of parish boundaries.

#### **San Juan De Los Lagos Church (St. Vincent De Paul Society)**

3231 El Paso St, San Antonio, TX 78207; (210)433-9722. Food Pantry: Every Thursday, 11am (families arrive to line up, will assist even if from outside parish boundary). Need to bring ID and proof of residence.

### **Christian Assistance Ministries**

110 McCullough Ave, San Antonio, TX 78215. (210)223-6648.

Must complete intake. Provide assistance with groceries or daily sack lunches. Clothing assistance. May assist with bus passes for job interviews. Some assistance with prescriptions.

### **Presa Community Center**

3721 S. Presa, San Antonio, TX 78210, (210)532-5295.

Emergency Food Pantry, 8:30am – 11:30am, 1pm-3:30pm (Assist with 3-4 days of food, need Valid ID, once every 6 months).

### **San Antonio Christian Resource Hope Center**

321 N. General McMullen, San Antonio, TX 78237, (210)732-3776.

Food assistance, financial literacy, clothing, parenting programs, senior services, job readiness in partnership with Good Will Careers Academy, Health & Nutrition Programs in partnership with UTHSCSA school of nursing.

## **Financial Assistance**

### **Bexar County Energy Assistance**

233 N Pecos St. #590, San Antonio, TX 78207, (210) 353-2222.

Eligibility: Must have valid proof of ID, Proof of income for the last 30 days of all household members, must be a US citizen or naturalized alien, gross income must not exceed 125% of Federal poverty index.

**CPS Energy Customer Call Center**

511 S. Salado St., San Antonio, TX 78207, (210)353-2222.

Willie Velasquez Center, 1302 N. Zarzamora, San Antonio, TX 78207, (210)207-7830.

**San Antonio Water System (SAWS)**

Emergency Services Call Center: (210) 207-7830 for assistance with rent and utilities Monday – Friday 7:45am – 4:30pm.

**City of San Antonio Valasquez Center**

1302 N. Zarzamora, San Antonio, TX 78207, (210) 207-7830.

Eligibility: Must complete application, proof of income for last 30 days, Award letters (Social Security, Supplemental Security Income, Disability, Unemployment) or bank statement for last 30 days, current utility bill, Photo ID of account holder, last 4 digits of SSN, Birth Certificate (1 child to qualify).

**SAWS Affordability Program** – UPLIFT (210) 233-2273, (210) 704-7297.

**Catholic Charities**

1801 W. Cesar Chavez Blvd, San Antonio, TX 78207, (210)226-6178

Mon-Fri 8am – 11am. Eligibility: income criteria, emergency need or currently receiving federal benefits such as TANF, Food Stamps/SNAP, WIC. Based on available funding.

**SAMMinistries**

Must complete on-line application at [www.samm.org](http://www.samm.org). Limited assistance with rent (1<sup>st</sup> 20 applications per week) and utilities.

**Prescription Assistance**

**Any Baby Can**

217 Howard, San Antonio, TX 78212; (210)227-0170, Referral available on-line.

Eligibility: No health insurance or limited benefit coverage, exhausted your Medicaid coverage, exhausted you coverage on Medicare Part D, pending CHIP or Medicaid, Have a chronic condition and need to receive medications regularly, meet the income guidelines set by pharmaceutical company, have a regular physician. Adults may also apply.

**Christian Assistance Ministries**

110 McCullough Ave, San Antonio, TX 78215; (210)223-4099.

Assist up to \$40.00 annually.

Hours: Monday-Thursday 9am – 3:30pm; Friday 9-11:45am.

**Counseling/Mental Health**

**Nix Health Care System**

414 Navarro St. San Antonio, TX 78205 (210)271-1800  
1975 Babcock Road, San Antonio, TX 782 (210)200-7022.

**BCFS Health & Human Services/ STAR (Services to At Risk Youth)**

4346 NW Loop 410, San Antonio, TX 78229; (210)733-7932/(210)283-5183  
STAR provides free counseling, crisis intervention, support groups and training for families.  
Eligibility Requirements: ages 0-17 & families, reside in (Bexar, Val Verde, Kinney, Sutton, Crockett, Schleicher, Aransas, San Patricio, Refugio, Bee, Live Oak, McMullen, and Goliad counties).

**Center for Health Care Services (Children)**

227 Drexel, San Antonio, TX 78210, (210)261-3350 (Behavioral Services)  
6812 Bandera Rd, Suite 102, San Antonio, TX (210)261-3583  
Crisis Hotline: (210)233-7233, 3031 IH 10, San Antonio, TX 78201

**Clarity Child Guidance Center**

8535 Tom Slick, San Antonio, TX 78229, (210)616-0300  
Ask for outpatient Admissions. Mental health programs for children ages 3-17.

**Laurel Ridge Treatment Center**

17720 Corporate Woods Drive, San Antonio, TX 78259, (210)491-9400/ 800-624-7375

**Our Lady of the Lake University: Community Counseling Services**

590 N. General McMullen Drive #3, San Antonio, TX 78228, (210)434-1054.

**Avalon Social Services**

1731 N. Comal Street, San Antonio, TX 78212, (210)735-7275  
Counseling for mental health concerns, cognitive issues, behavioral problems, ADHD, substance abuse and addiction, grief and loss, domestic violence, relationship problems.

**Jewish Family & Children Services**

12500 NW Military Hwy, Suite 250, San Antonio, TX 78231.  
Provides counseling for children, teens, adults, couples and families. Psychiatric assessment, prescriptions, and medication management is also available. Sliding scale, insurance, Medicaid.

**St. Mary's University Public Counseling Services**

St. Mary's Family Life Center: 251 W. Lingustrum, San Antonio, TX 78228; (210)438-6411  
Monday-Thursday: 9am to 8pm; Friday 9am – 4pm; Saturday 9am – 1pm. Call to schedule appointment or go online to [www.stmarytx.edu/outreach/counseling/](http://www.stmarytx.edu/outreach/counseling/) to request appointment.  
Low cost therapy: Service include: marriage & family, child, mental health therapy, couples therapy, psychotherapy, and individual counseling.

**UTSA/Sarabia Family Life Center**

501 W. Cesar E. Chavez Blvd, San Antonio, TX 78207; (210)458-2055

Counseling services for Adults, children, couples, and families. Serve the uninsured and those whose insurance does not cover counseling services.

**Children's Bereavement Center**

205 Olmos Drive, San Antonio, TX 78212, (210)675-9000.

Grief counseling for 3-18 year olds. Group and individual counseling. Camps held every November and during Spring Break. Family must call to complete intake.

**Housing/Shelters**

**San Antonio Housing Authority**

200 S. Flores, San Antonio, TX 78204, (210)477-6262

To apply for housing go to: <https://saha.apply4housing.com/>

**Habitat for Humanity**

311 Probandt, San Antonio, TX 7804, (210)223-5203.

**Haven for Hope**

1 Haven for Hope Way, San Antonio, TX 78207, help line (210)220-2357

**Salvation Army Hope Center**

515 W. Elmira, San Antonio, TX 782 (210)261-1000, Crisis Hotline: 210)223-7233

**Strong Foundation**

414 Hackberry, San Antonio, TX (210)641-4357.

**SAMMinistries**

Long-Term Housing Assistance:

If you are in need of a long-term (2 years or longer) program to help you transition out of homelessness, please call 210-979-6188. If you are homeless and living on the street or in a shelter and in need of long term re-housing assistance please call 210-220-2401.

**Legal Resources**

**Catholic Charities Immigration Services**

1801 W. Cesar Chavez Blvd, San Antonio, TX 78207 (210)433-3256.

**Rio Grande Legal Aid**

1111 N. Main Ave., San Antonio, TX 78212, 210-212-3700

**RAICES (Refugee & Immigrant Center for Education & Legal)**

Central Office: Walk In Appointments: 1305 N. Flores, San Antonio, TX 78212; (210)222-0964.

Monday-Friday 8am-5pm. Services: Removal Defense; Unaccompanied Children; Low Cost Legal Services; DACA.

North Office: No Walk-In Appointments: 5121 Crestway Drive #105, San Antonio, TX 78239 (210)226-7722. Services: Unaccompanied children; Low Cost Legal Services: DACA.

RAICES Community Education Center: 802 Kentucky Ave, San Antonio, TX 78201; No Walk-In Appointments. Services: Refugee Resettlement, Community Education; Volunteers.

**Center for Legal & Social Justice (St. Mary's University of Law)**

2507 NW 36<sup>th</sup> Street, San Antonio, TX; (210)431-2596. Will conduct screening prior to any assistance.

**Substance Abuse**

**Alcoholics Anonymous**

1709 Castrovilla Rd., San Antonio, TX 78237; (210)435-2947

**CHCS Outpatient Substance Abuse Counseling**

(210)246-1360 (Adults)

(210)261-3500 (Adolescents): 711 E. Josephine Street and 301 East Mitchell Street (210)639-3746. Serves youth 13-17 with diagnosed substance use disorders.

\*\*\***CHCS** – Mobile Community Outreach Team (MCOT) Crisis Line (210)223-7233 or (800)316-9241.

\*\*\***CHCS** – Crisis & Substance Use Hotline: 800-316-9241 or (210)223-7233 CFHCS Outpatient Substance Abuse Counseling (210)246-1360.

**Family Support Services**

**Head Start**

1227 Brady Blvd, San Antonio, TX 78207 (210)206-5500.

**The Center for Health Care Services: Early Childhood Intervention**

225 E. Locust Street, San Antonio, TX 78212; (210)261-3300

Works with babies and toddlers, age's birth through 36 months with delayed milestones.

**Financial Stability**

**Volunteer Income Tax Assistance (VITA)**

1801 W. Cesar Chavez Blvd, San Antonio, TX 78207; (210)227-4357 M-F, 8-4:30pm

**SA Christian Hope Resource Center**

321 N. General McMullen, San Antonio, TX 78237, (210)732-3776. Provide Financial Literacy Classes.

**Additional Resources**

**Family Assistance Division – Fair Housing Program**

(210)207-5910, M-F 7:45am – 4:30pm

**CDBG Short Term Rental Assistance Program** (210)207-5910

**CPS Affordability Discount Program Senior Citizen Late Payment Waiver:** (210)353-6777

**MI CIUDAD ES MI CASA – Affordable Housing Program** (210)570-9009