

HIGHLAND FEEDER AREA RESOURCES

HELP & REFERRAL LINES

Police, Fire, EMS.....	911	
211 Texas/United Way Help Line Info & Referral.....	211	
SAPD Non-Emergency Line.....	210-207-7273	
Battered Women and Children’s Shelter Crisis Line.....	210-733-8810	
Center for Healthcare Services Crisis Line.....	210-223-7233/ Toll free phone number.....	1-800-316-9241
Child Abuse/Neglect & Elder Abuse Hotline.....	1-800-252-5400	
City of San Antonio-311 Customer Service.....	311	
City of San Antonio Covid-19 Hotline.....	210-207-5779/visit their website at covid19sanantonio.gov	
National Homeless Veterans Hotline.....	1-877-424-3838	
National Suicide Prevention Lifeline.....	1-800-273-8255/ Also the National Veteran Suicide Prevention Hotline	
Rape Crisis Line.....	210-349-7273	
Texas Youth & Runaway Hotline.....	1-888-989-6884	
Texas Poison Control.....	1-888-222-1222	

CLOTHING ASSISTANCE

Catholic Charities, 1801 W. Cesar Chavez, 210-226-6178. Mon-Fri, 8AM-11AM and 1PM-4PM.

Crestholme Presbyterian Church, 1602 Goliad, 210-333-1303, Thursdays from 9AM-11AM.

Dress for Success, 600 N. Frio St., 210-737-1515. Provides professional attire for men and women seeking employment. Also has an emergency food pantry for clients in times of financial crisis.

Inner City Development, 1300 Chihuahua St., 210-224-7239. Clothing assistance Mondays from 10-11:30AM; apply by phone or walk-in to receive services; English and Spanish speaking workers.

St. Stephens Care Center, 2127 S. Zarzamora St., 210-226-6178. Provides a food pantry, clothes closet, baby corner. Open Mon-Fri 8:30AM-4PM; appointments can be made. If needing only food, can just show up with an ID to receive a pre-packaged food box.

Uniform assistance for SAISD Students only: Call Student Uniform Program at 210-554-2635

COUNSELING/MENTAL HEALTH

Adelante Counseling Cafe, 7355 Barlite Blvd., Ste. 101A, 210-978-0237. Provides counseling services to all ages; Fluent in American Sign Language and Spanish; Accepts Medicaid and other insurance plans.

Avalon Social Services, 1731 N. Comal St., 210-735-7275. Offers individual, family, in-home, and in-office counseling services; Must have Medicaid.

Baptist Child & Family Services (BCFS), 210-283-5183. Must be a Bexar County resident, services are free, including: family, individual, and group counseling available in Spanish, crisis intervention, and more.

Catholic Charities, 7711 Madonna, 210-377-1133. Offers free and low-cost counseling services in San Antonio and surrounding areas to both insured and uninsured. Most insurance providers are accepted, including Medicare and Medicaid.

Center for Health Care Services, 227 W. Drexel, 210-261-3500, 6812 Bandera Rd., Ste. 102, 210-261-3350 (children), 210-261-1250 (adults). Offers services for children ages 3-17 years old and adults. Call for an eligibility appointment. In case of emergency, call the **Crisis Line at 210-223-7233 or 800-316-9241.**

CentroMed:

-Psychiatrist & Counseling, 5542 Walzem Rd., 210-924-3593 * Counseling, 6315 S. Zarzamora St., 210-922-7000 * Counseling, 9011 Poteet Jourdanton Fwy., 210-922-7000

Children's Bereavement Center, 205 W. Olmos Dr., 210-736-4847. Offers peer grief support groups for children, adolescents, young adults and their caregivers.

Clarity Child Guidance Center, 210-616-0300, located at 8535 Tom Slick or 2135 Babcock Rd.

Guardian House, 1818 San Pedro, 210-733-3349. Provides individual, couples, or family counseling to address mental health, interpersonal, or relational issues living in Bexar County. www.guardianhouse.org

Jewish Family Service of SA, 2 locations: 12500 NW Military Hwy., 210-302-6920/1151 Mission Rd., 210-533-1112. Offers counseling and psychiatry, social services, and senior care.

Laurel Ridge Treatment Center, 17720 Corporate Woods Dr., 210-491-9400. Offers both inpatient and outpatient treatments, along with partial hospitalization and residential. Services for both children and adults. They also have a military program.

Presa Community Service Center Counseling Services, 3721 S. Presa, 210-532-5295. Offers professional counseling for families/groups/individuals to Bexar County residents, Program hours Mon-Fri 8:30AM-5:30PM, call for an appointment/www.presa.org, Sliding scale fee.

Roy Maas' Youth Alternatives Counseling and Family Resource Center, 3103 West Ave., 210-340-7971. Provides services to youth and families in crisis, such as runaway behaviors, truancy, abandonment, abuse or neglect, family communication or delinquent behaviors. www.rmya.org

St. Peter-St. Joseph Children's Home, 919 Mission Rd., 210-533-1203/210-531-8518. Offer counseling services including individual/adult/child/adolescent/sibling and family therapy/marriage counseling/and anger management. Residents of Bexar County and others.

San Antonio Counseling and Behavioral Center, 2 locations: 4201 Medical Dr., #330, 210-614-4990/ 2300 W. Commerce, #306, 210-614-4990. Provides psychotherapy for children, adolescents, adults, and families. Specializes in diagnostic evaluations of children, adolescents, and adults (ADHD, Learning disabilities, anxiety disorders, Autism spectrum, Depression, Bipolar, Dyslexia, Eating Disorders).

SLEW Cancer Wellness Center, 12521 Nacogdoches Rd., Ste. 101, 210-654-7900. Offers professional mental health counseling on an individual and group setting to cancer patients and survivors to help them identify their concerns, consider effective solutions, and find reliable resources. media.slewellness@gmail.com

The Children's Shelter Harvey E. Najim Hope Center, 2939 W. Woodlawn, 210-503-4500. Provides accessible trauma focused mental health services for children ages 2-17 years of age and their families (biological/foster/relative caregiver/and or adoptive) of Bexar County as a result of abuse, neglect, and/or abandonment and specializes in outpatient mental health clinic. English and Spanish speaking.

The Pride Center, 1002 N. Flores St., 210-370-7743. Provides mentoring, peer support groups, support group for LGBTQ parents.

UTSA Sarabia Family Counseling Center, 501 W. Cesar E. Chavez Blvd., Durango Bldg., 210-458-2055. Provides supervised counseling services for individuals/couples/groups/and families. By appointment only. English language only.

Wonders and Worries in SA, 210-307-4853, www.wondersandworries.org. Support program for families in crisis due to a parent or child's serious life-threatening diagnosis condition that can include cancer, ALS, Parkinson's, Multiple Sclerosis, as well as many others. For children between ages 2-18, free of charge, and offered in English and Spanish. Individual & group sessions available, as well as, parent consultations.

DENTAL

Centro Med Dental Care, 210-922-7000. Offers dental care services to children and families. Accepts Medicaid and CHIP and most private insurances. Emergencies seen on a limited basis.

Communicare Health Centers Dental Care, 210-233-7000. Provides comprehensive dental care for children and adults. 4 locations, Call for an appointment.

La Mision Family Health Care Dental Program, 19780 South US Hwy 281, 210-626-0600. Accepts Medicaid, Medicare, and private insurance.

San Antonio Christian Dental Clinic, 210-220-2300, 1 Haven for Hope Way, Bldg. 1, Ste. 400. Provides charitable dental care to underserved Bexar County adults. Must call for an appointment and qualification criteria.

The Children's Hospital of San Antonio Dental Clinic, 333 N. Santa Rosa St., 210-704-2206. Provides dental services to children ages 16 and younger.

DIAPER ASSISTANCE

A New Life for a New Generation, West location: 6353 W. Commerce, Ste. #107, 210-447-7715. East location: 314 N. Hackberry, Ste. #103, 210-437-0888. Helps with diapers and wipes for parents who are pregnant or have children 36 months or younger. May also be able to assist elderly clients with diapers.

CARE Program, 3202 S. Presa St., 210-534-8577. Will help with diapers, wipes, and baby clothes. Must be a legal resident.

Shield Program (Must have Medicaid), 1-800-495-0999. Supplemental Medicaid Program that offers diapers/wipes/bed pads to eligible persons and will deliver to your door.

Texas Diaper Bank, 1803 Grandstand Dr., #150, 210-731-8118. Assistance with diapers, incontinence supplies, feminine hygiene supplies, other goods.

DOMESTIC VIOLENCE

Bexar County Family Justice Center, 126 E. Nueva, 2nd floor, 210-631-0100. Assist victims of domestic violence, sexual assault, or dating violence with various services including law enforcement, prosecution, protective orders, counseling for adults and children, crisis

intervention, basic needs, financial literacy and sustainability services in Bexar County. English and Spanish speaking, www.bcfjc.org.

City of San Antonio-Police Department Victims Advocacy Section, 315 S. Santa Rosa, Police Headquarters, 210-207-2141. Provides coordinated integrated and systematic services for people who are victims of domestic violence.

Family Violence Prevention Services, Inc. (FVPS), 100 Dolorosa, 210-837-5638. Any victim or perpetrator of domestic violence; also offers programs for military service members and their dependents. www.fvps.org.

My Mariposa Home through Providence Place, 6487 Whitby Rd., 210-696-2410. 18-month transitional living and community resource program, must be a female at least 18 years of age, a survivor of human trafficking/domestic violence/or sexual assault, permanent resident or U-Visa status.

EMERGENCY FINANCIAL ASSISTANCE

Bexar County Health and Human Services, 233 N. Pecos, Ste. 590, 210-335-6770.
Utility/rental assistance

Catholic Charities, 1801 W. Cesar Chavez, 210-226-6178. Disconnected utilities only.

Christian Assistance Ministry (CAM), 110 McCullough, 210-223-6648. Can assist with utilities if a disconnect notice has been received IN THEIR NAME within the last 30 days. Utilities must still be on; cannot help if they are turned off/disconnected.

City of San Antonio-Family Assistance Center, 210-207-7830. Emergency utility assistance, case management.

City of San Antonio Emergency Rental/Mortgage Assistance, 210-207-5910 or visit www.sanantonio.gov/nhsd.

Salvation Army Hope Center, 910 N. Flores, 210-352-2020. Rental assistance for Veteran's only. Call the main number and you will be transferred to a caseworker in that program.

SAWS Uplift Program, 210-233-2273 or 210-704-7297. Must be a SAWS account holder, meet income requirements, complete Uplift application online (www.uplift.saws.org).

SAWS Project Agua—Provides twice yearly payment assistance to residential SAWS customers having difficulty paying their water bill. To apply, visit the City of San Antonio's Human Services website and download or print an application.

www.sanantonio.gov/humanservices/FinanceEmergency/UtilityAssistance.

St. Peter-St. Joseph Children's Home Project Ayuda, 919 Mission Rd., 210-531-8555. - Emergency assistance for those pending disability or former foster care, case management, food, counseling.

St. Vincent de Paul, 210-225-7837. Call for a local referral to a church offering services Mon-Fri 8AM-12PM and 1PM-5PM.

SAMMinistries Prevention Services, 210-377-1616. Rent and utility assistance.

EMERGENCY SHELTERS

Battered Women and Children's Shelter, 7911 Broadway, 210-733-8810. Open to victims of domestic violence in Bexar County and others; provides temporary shelter, 24 hour hotline, and individual and group counseling for women, children, and men. Program hours are 24 hours a day/7 days a week/English, Spanish, and American Sign Languages spoken. Application process is taken in person at the time of entry or call for screening and intake information.

Children's Shelter, 2939 W. Woodlawn, 210-212-2520. Birth to age 16 who have been removed from their homes due to abuse, neglect, or abandonment.

City of San Antonio Homeless Connections Hotline, 210-207-1799. To assist people experiencing homelessness. Residents can also email HomelessOutreach@sanantonio.gov.

Crisis Center of Comal County Domestic Violence Crisis Services, New Braunfels, 830-620-4357. Emergency/After Hours phone 830-620-4357; Toll free 800-434-8013.

Haven for Hope, 1 Haven for Hope Way, 210-220-2100. Homeless shelter; you must be homeless and have proof of your homelessness (eviction notice, motel/hotel receipts, statement from family member or friend), be a resident of Bexar County for at least 9 months (tax documents, library card, pay stubs, hospital records, dated store receipts), and have a government issued photo ID (driver's license, passport, military ID, or any other state issued photo ID) or be willing to obtain an ID within 30 days.

-The only homeless shelter in SA that allows pets.

-If after hours and you need shelter:

- Adults with no minors go to The Courtyard at 1300 W. Martin St.
- Adults with minors go to Haven for Hope at 1 Haven for Hope Way and ask to speak with a security officer. You will have to have an ID and birth certificates or proof of relationship to each minor.
- No unaccompanied minors are allowed

RMYA Emergency Services (The Bridge and La Puerta), 210-340-7933. Both shelters serve children 24-hours per day in a structured setting for up to 90 days.

Salvation Army Shelter: Hope Center, 515 W. Elmira, 210-352-2020. Provides immediate, short-term shelter for women, children, and families experiencing homelessness.

Strong Foundation Ministries, 414 N. Hackberry St., 210-641-4357. Assists homeless families with children.

****Day Shelter Only** Catholic Worker House**, 626 Nolan, 210-224-7736. Provides a day shelter for anyone in need to rest, enjoy a meal, engage in conversation, garden, do laundry, watch a movie, obtain travel size hygiene supplies, make and receive phone calls, and use the internet.

Shelter Intake Hubs

American GI Forum, 611 N. Flores St., Ste. 200, M/W/F 8:30AM-11:30AM

American GI Forum, 206 San Pedro Ave., M/W/F 8:30AM-11:30AM

Catholic Worker House, 626 Nolan St., Monday only, 9AM-10:45AM

Haven for Hope, 1 Haven for Hope Way, 210-220-2357, Intake from 8AM-3PM

Salvation Army, 515 W. Elmira, 210-352-2000, Intake from 3PM-6PM

SAMMinistries, 503 San Pedro, Thursday only, 9AM-1PM

San Antonio Public Library, 600 Soledad St. (2nd floor), Thursdays only, 9AM-1PM

Roy Maas Youth Alternatives-Youth only (ages 18-24), 3101 West Ave., Mon-Fri, 10AM-4PM (other youth specific services available on site).

****Must go to one of the shelter intake locations to get Coordinated Entry for transitional housing assistance**

TRANSITIONAL HOUSING

Guadalupe Home, 202 W. French Place, 210-476-0707. Transitional housing for homeless women who are pregnant or have 1-2 children under the age of 3.

SAMMinistries, 1919 NW Loop 410, Ste. 100, 210-340-0302. Call for eligibility.

Scattered Sites Permanent Supportive Housing Program, 515 W. Elmira, 210-352-2020. Call for eligibility.

Strong Foundation Ministries, 414 N. Hackberry, 210-641-4357. Transitional housing for families with children.

EMPLOYMENT ASSISTANCE

Changin' Lives, 210-797-4343. Felony friendly employer, a referral must be submitted by agency. (Referral can be submitted online at www.changinlives.org/referral).

Goodwill Careers Center, 210-924-8581, Provides resume and job search assistance, careers assessments and much more! Located on the South side: 2902 Goliad at Military Dr., 2514 SW Military at Zarzamora. Located on the Southwest: 1739 SW Loop 410 at Marbach.

Health Professions Certificate Training with Alamo Colleges, 210-486-5555. Workforce Programs available in radiology technician, certified nursing assistant, pharmacy technician, licensed vocational nurse, medical assistant, and medical front office. Call for eligibility on low-income guidelines.

EYEGASSES/OPTICAL/VISION

I Care San Antonio, 210-220-2370, To be eligible for services, you must submit a completed application along with the required supporting documents. Applicants must be a resident of SA or the immediate surrounding counties and must not have an income that exceeds 150% of federal poverty guidelines.

Lions Club, 210-225-1164, Website is <https://saflc.org>.

SA Lighthouse for the Blind, 210-533-5195. www.salighthouse.org, adults and seniors program to empower the blind and visually impaired.

UIW Bowden Eye Care and Health, 2547 E. Commerce St., 210-619-7020. Cannot have Medicaid or any vision coverage.

FOOD/NUTRITION

Bright and Morning Star Church, 547 K Street, 210-333-8614. Call for more information.

Catholic Charities, 1801 W. Cesar Chavez, 210-226-6178. Will help once per year or in an emergency or crisis. Call for more information.

Christian Assistance Ministry (CAM), 110 McCullough, 210-223-6648. Food is only given every 60 days. Call for more information.

Hope Intervention Services, 3003 Martin Luther King Drive, 210-531-6460.

Little Church of La Villita, 418 Villita St., Bldg. 13, 210-226-3593.

Pax Christi, 391 Fairview, 210-534-5191. Call for times. Must reside in the 78223 zip code.

Presa Community Center, 3721 S. Presa, St. 210-532-5295. Call for more information.

St. Stephens CARE Center, 2127 S. Zarzamora St., 210-226-6178. Provides a food pantry, clothes closet, baby corner (diapers/wipes/toys/books). Located on the West side 78207 area code, but open to anyone in need. Call for further information.

Salvation Army Hope Center, 910 N. Flores, 210-352-2020. Must call on Monday mornings during this time to schedule an appointment.

San Antonio Food Bank Customer Care Line, 210-431-8326/1-888-834-7406. Food pantry referral, Food stamp outreach program/Project HOPE for Senior Citizens/Phone and in person screenings for Medicaid/CHIP eligibility/SNAP/Food Stamps/Health and Human Services. Visit their website at www.safoodbank.org for upcoming food distributions.

St. Vincent De Paul, 210-225-7837. Must leave a message and someone will call you within 48 hours.

The Church of Jesus Christ of Latter-day Saints, 311 Galway St., 210-359-0266. Mobile Food Pantry 2nd Saturday of each month, 9-11AM

FIRE ASSISTANCE

Agape, 127 Lanark Dr., 210-590-6655. Provides emergency assistance for food and clothing for families and individuals in crisis situations. Must reside in the following zip codes: 78154, 78218, 78239, 78209, 78219, 78244, 78217, 78233, 78247.

Bexar County General Assistance (Emergency Shelter), 210-335-6770.

Burned Out Survivor's Fund, P.O. Box 15185, 210-472-1717. Immediate assistance provided toward the purchase of essential hygiene and health necessities, medical supplies, and personal belongings destroyed or damaged in a fire incident. Includes house fires, burn related incidents, fire death, or vehicle fire. Available to residents of Bexar, Kendall, Comal, Guadalupe, Wilson, Atascosa, Medina, and Bandera counties. Application can be found online at www.bosfund.org.

Christian Assistance Ministries (CAM), 210-223-6648.

Catholic Charities, 210-433-3256.

GRASP (clothing and housewares to families who experience a catastrophe), 210-434-5531.

Red Cross Disaster Referrals, 910 N. Flores, 210-352-2020. Assists clients with Red Cross referrals who have been affected by a fire or disaster. Assistance includes food, clothing, and furniture. Furniture will only be provided with proof of residency.

FURNITURE

Assistance League of San Antonio Thrift House, 2611 West Ave., 210-732-1200.

Baby Box Distribution Program, Catholic Charities, 202 W. French Place, 210-222-1294. Provides free baby boxes that can be used as a bassinet. Includes a starter kit and a custom mattress with a fitted sheet.

Habitat for Humanity of San Antonio Home Center: 3 Locations: 311 Probandt (210) 223-3647, 5482 Walzem Rd. (210) 599-7109, 8125 Meadow Leaf (210) 674-7500. Hours of

operation are Mon-Fri 8AM-6PM, Saturday 9AM-5PM, closed Sunday. Sells new and gently used building supplies, furniture, cabinets, appliances, housewares, and decor at discounted prices to the public.

Salvation Army of San Antonio, 210-352-2000. Call or visit the website for thrift store locations www.salvationarmysanantonio.org.

HOME REPAIRS

Plumbers to People, 210-704-7297. Provide plumbing assistance to residential customers with low income in need of repairs to leaking plumbing fixtures in their homes. Types of eligible repairs include: leaking faucets, leaking toilets, or broken pipes.

Texas Ramp Project, www.texasramps.org. Referral must be made by a social worker and/or healthcare professional; provides free wheelchair ramps to low-income older adults and people with disabilities identified by local healthcare providers.

HOUSING ASSISTANCE

Bexar County Housing Authority, 1017 N. Main Ave., #201, 210-225-0071. Housing advice and emergency rental assistance. They also provide information on Section 8 in Texas.

City of San Antonio-Fair Housing, 4203 Woodcock Dr., Ste. 216, 210-733-3247. Offers mediation, fair housing, Section 8. Resources for the disabled and children are offered.

Habitat for Humanity of San Antonio, 311 Probandt, 210-223-5203, Call for eligibility.

San Antonio Housing Authority (SAHA), 818 S. Flores St., 210-477-6000. Provides quality affordable housing.

Housing and Urban Development (HUD), 615 E. Houston St., 210-475-6806. Obtain HUD information, including free housing advice.

IMMIGRATION SERVICES

Central Texas Office for Refugees, 844-286-7797. Can help refugees, asylees, Cuban and Haitian entrants, victims of trafficking with food, medical care, cash assistance, housing, employment, English classes, transportation, and more. All services are free of charge.

Catholic Charities of San Antonio, 1801 W. Cesar E. Chavez Blvd., 210-433-3256. Call for available services.

Refugee & Immigrant Center for Education and Legal Services (RAICES), 1303 N. Flores St., 210-22-0964. Offers immigration legal services for low income Texas residents and asylum seekers, know your rights presentations, refugee resettlement, and payment of immigration bonds. www.raicestexas.org.

RAICES Family Together Hotline, 1-866-378-2667. Please call with any information you have regarding separated families. Lines are answered from 9AM-5PM.

LEGAL

Bexar County Driver's License Restoration Clinic, 1 Haven for Hope Way, 210-212-3749. Works to remove barriers to obtaining driver's licenses by providing assistance in clearing outstanding citations and any other issues. Call for an appointment.

Catholic Services Caritas Legal Services, 210-455-6105. Provides comprehensive, low-cost legal guidance in civil, probate, and immigration law to individuals and families seeking a secure future. Call to schedule an appointment.

St. Mary's Center for Legal and Social Justice, 2507 NW 36th St., 210-436-3840. Call for more information.

Texas Rio Grande Legal Aid, 956-447-4800, free legal aid to those in need. Call for more information.

MEDICAL

CareLink, 210-358-3350, carelink@uhs-sa.com. Financial assistance program that is open to Bexar County residents who do not have private or public health insurance. It is not an insurance plan. Call for eligibility.

Covid-19 Questions call Metro Health Hotline, 210-207-5779.

CentroMed, 210-992-7000. Offers medical services-210-922-7000, dental care-210-924-7344, behavioral health-210-922-7000, WIC-210-924-6004, Healthcare for the homeless is provided at the Sarah Davidson Clinic on the Haven for Hope Campus and at La Paloma de Paz Shelter Clinic. Full service Pharmacy Department available to fill in-house prescriptions for established patients.

-Immunizations clinics: Eastside Clinic, 210 Mel Waiters Way, SA TX 78202, 210-207-8894.

*Frank Garrett Center, 1226 NW 18th St., SA TX 78207, 210-207-8894, Open Tues and Thurs by appointment only.

-Walk-in Clinic on the Southside is CentroMed South Park Medical Clinic, 6315 South Zarzamora, SA TX 78211, 210-922-7000.

Communicare Health Centers Family Health Center, 3066 E. Commerce St., 210-233-7000.

-Full-service primary healthcare system with multiple locations offering pediatrics, family medicine, senior care, women's health, dental, behavioral health, WIC services, and specialty care.

Methodist Healthcare Ministries, 210-922-6922, 2 locations: Wesley Health and Wellness Center, 1406 Fitch St. Dixon Health and Wellness Center, 4212 E. Southcross. Address the medical and dental needs of the community who cannot afford health insurance, services are provided on a sliding scale fee based on ability to pay, household income, and family size.

Teen Health Clinic, University Children's Health Robert B. Green Campus, 903 W. Martin St., 4th floor, 210-358-8255.

University Health System Clinic at Tafolla Middle School, 1303 W. Cesar E. Chavez Blvd., 210-644-2000. Open for immunizations only! They will see any SAISD student and their siblings, as well as, SAISD staff.

University of the Incarnate Word Nursing Cardinal Wellness Center, 2547 E. Commerce, Ste. 300, 210-283-6331. Immunizations, Children and adults; Children's Medicaid and CHIP accepted. Low cost vaccines for children and adults who do not have health insurance.

MEDICATION ASSISTANCE

Christian Assistance Ministry (CAM), 110 McCullough, 210-223-6648. Must have proof of residency. Assist with prescription medications up to \$40/year, Prescription must be at a pharmacy and they will pay for it up to \$40/year.

Any Baby Can (www.anybabycansa.org), Patient Assistance Program, 217 Howard, 210-227-0170. Call for more information.

www.needymeds.org

-Visit this site to see if there is financial assistance for your prescription medications or call 800-503-6897.

PARENTING SUPPORT PROGRAMS

Christian Hope Resource Center, 321 N. General McMullen, 210-640-2904. Offers year-round classes in both English and Spanish, free and open to the public, and approved by Child Protective Services and Court-Mandated recipients. Also provides free diapers to those who attend every other week when available and a food and clothing walk-through once a month for the entire family.

DePaul Family Center, 7607 Somerset Rd., 210-334-2300. RAYS (Realizing and Achieving Your Success: A Parenting Program); Eligible if you are pregnant or have a child under 36 months of age. You can receive material assistance, counseling, classes and guidance.

Grandparents Raising Grandchildren, 2300 W. Commerce St., 210-481-2573.

Latched Support, 210-504-8015, <http://latchedsupport.com>. Offers free breastfeeding support.

The Children's Shelter iParent SA, 1209 S. St. Mary's St., 210-212-2576. Provides case management, basic needs support, parenting education, child development screenings, Must reside in Bexar County, any income, free and voluntary program.

The Children's Shelter Compadre y Compadre, 1209 S. St. Mary's St., 210-212-2559. Provides case management, parent education, child development screenings, school readiness

support, basic needs support, motivational incentives, post services. Must reside in Bexar County, 15-week commitment, group setting, male caregiver, any income, free and voluntary program.

The Children's Shelter Nurse Family Partnership, 1209 S. St. Mary's St., 210-212-2534. Available to low-income first-time mothers, less than 29 weeks pregnant at enrollment, resides in Bexar County. Provides home visitation with a personal nurse, services until the child's second birthday, case management, parent education, child development screenings, caregiver screenings, pre/postpartum support, school readiness support, basic needs support, free and voluntary program.

SUBSTANCE ABUSE

Alamo Area Resource Center Mental Health and Substance Abuse Counseling, 303 N. Frio (Main Office), 210-625-7200. www.aarcsa.com

Center for Health Care Services (CHCS) Adult Outpatient Substance Abuse Counseling Program, 601 N. Frio, 210-261-1300, www.chcsbc.org. Program phones: Detox 210-261-3060; Mental Health Crisis Unit 210-225-5481; Crisis Line 210-223-7233.

www.drugfree.org, Provides parent coaches through a Parent Helpline (includes services in Spanish also). Can text a question to 55753 and you will receive a response within 24 hours. Can request help via email and will receive a response within 24 hours (through the website). Can call and speak with a specialist M-F 9AM-Midnight (EST) and weekends 12PM-5PM (EST) 1-855-378-4373.

TRANSPORTATION

Christian Assistance Ministry (CAM), 110 McCullough, 210-223-6648. May be able to help with bus passes to medical appointments, job interviews, or to start a new full-time job.

McKinney-Vento Dept. of SAISD, 210-554-2635. May be able to help with bus passes for certain students within SAISD if they qualify for McKinney-Vento services.

Medicaid transportation is available to anyone living in Bexar County who has no way to get a ride to their medical appointments and who are Texas Medicaid clients or Children with Special Health Care Needs (CSHCN) clients, 1-877-633-8747. <http://www.txmedicaidride.net>.

-Must call 48 hours (2 business days) in advance before your appointment

-Must call 5 calendar days in advance if you need transportation from the county where you live to a medical appointment located somewhere beyond the county next to yours.

Presa Community Center, 210-532-5554. Available for those 60 years of age or older or with disabilities, reservations are recommended at least 2 weeks in advance, rides are available M-F except major holidays, the cost is \$5 per trip/\$10 round trip.

VIA Public Transportation, 210-362-2020, www.viainfo.net

OTHERS/MISCELLANEOUS

Paupers Burial Program, 233 N. Pecos, Ste. 590, 210-335-6788.

-Mon-Fri 8-5, Provides a dignified burial for those individuals who are indigent and without resources to pay for one. The services consist of: burial in a new wooden casket, viewing up to 2 hours, a graveside service, and a headstone. Cremation is an option for all families. Three caskets may be buried per plot for all adults. All infants and children are buried in single plots. All honorably discharged veterans or eligible spouses will be buried at Ft. Sam Houston National Cemetery when possible. Families of the deceased may contact Direct Client Services to schedule an appointment to determine eligibility. Deceased must be a resident of Bexar County and legal next of kin must request services.

PLEASE NOTE: SAISD IS NOT AFFILIATED WITH THE ORGANIZATIONS OR RESOURCES LISTED. PLEASE CALL RESOURCES AND ORGANIZATIONS DIRECTLY FOR MORE INFORMATION AND ELIGIBILITY REQUIREMENTS. UPDATED 8/2020.