FREE TO
PARENTS AND
CAREGIVERS

2021-2022

PARENT & FAMILY

IRTUAL & IN-PERSON SESSIONS



Mark your calendar to attend our Parent and Family Engagement trainings!

Please note: Children ages 0-17 are not allowed to attend parent trainings at ESC-20.

Steps to Register for an ESC-20 Session

Creating a New Account:

- 1. Go to www.esc20.net.
- 2. From the homepage, click on the Quick Links button; click on Connect 20 Workshop Registration.



Fig 1. Access QuickLinks to access Connect20 Workshop Registration page

- 3. Click the link that says **New Users-click here to create an account**.
- 4. Enter your information and click the **Save Record** button.



Fig 2. New Users create account page

- 5. Once the account has been created, you can log back in using your email and password.
- 6. Type in session ID# in search box. Follow steps to register. For help with your account, please call **Registration** at (210) 370-5671.



NOTE: Save your username (email address) and password used to create this account. This information is how you will register for future sessions.

To Register with an Existing Account:

- 1. Go to www.esc20.net.
- 2. Click on the Quick Links; then click on Connect 20 Workshop Registration.
- 3. Click on **Sign In**.
- 4. Type in session ID# in search box.
- 5. Follow steps to register. For help with your account, please call **Registration** at (210) 370-5671.

Location:

All of the sessions are free, and will be held virtually via Zoom, unless otherwise indicated in the description. In-person sessions will be held at:

Frederick E. Maples, Jr. Conference Center

Conference Center, Building 6

1314 Hines Ave., San Antonio, TX 78208

Interpreter provided by request.

Call 210-370-5286 to request an interpreter at least 48 hours in advance.

For information about a session, please contact:

Claudia Vargas, Claudia. Vargas@esc20.net, 210-370-5286

2021-2022 SESSIONS SCHEDULE

Tuesday, September 7, 2021 9:00 a.m.--10:30 a.m.

College Resources for Students in Foster Care

This session is brought to you by the Bexar County Foster Services (BCFS). Participants will learn about tuition and fee waivers along with the Texas Education and Training Voucher (ETV). The presenters, from the BCFS organization, will also review how to apply for vouchers. Come learn more about the services the BCFS has to offer and obtain information on transition centers and aftercare case management, college foster care liaisons, and supervised independent living. Participants will leave the session knowing several other college resources for students in foster care.

Session ID# 78618

Wednesday, September 8, 2021 9:00 a.m.--11:00 a.m.

Family Engagement Network Meeting #1

This session is only for district or campus staff.

Family Engagement Network Meetings are for any district or campus staff that work directly with families. The purpose of the Family Engagement Network Meetings are to provide training and support in areas to strengthen family-school partnerships. Community resources are shared along with hot topics and networking opportunities.

Session ID# 76414

Wednesday, September 15, 2021 1:00 p.m.--2:30 p.m.

Partnering with Parents: Protecting Children in Childcare Settings

Partnering with Parents is a training designed to provide parents and community partners with information regarding the importance of choosing regulated child care. The training also offers guidance on how to access the CCR website to search for child care, inspection reports, and resources such as Child Care Services for financial assistance. Participants will learn safety tips for keeping children safe to include infant sleep safety, water safety, and vehicle safety.

Session ID# 78619

Friday, September 17, 2021 1:00 p.m.--3:00 p.m.

Understanding and Communication with your Adolescent

This training is targeted to parents and will provide an understanding of the different aspects of adolescent development that are typical versus potential red flags for issues that can arise, including substance abuse issues or mental health issues. Communication tips will also be provided. This session will be presented by Dr. Nancy P. Razo.

Session ID# 78621

Tuesday, September 21, 2021 9:00 a.m.--10:30 a.m

Adapting to Life After COVID

COVID-19 was not only a health crisis, it was a mental health crisis. Between working from home, losing jobs, schools being closed and the real threat of a deadly pandemic, life got very heavy. While the world will never go back to what it was, hopefully this presentation will help provide the tools to adapt to the ever changing world we find ourselves in. This session is brought to you by James Denning from The Denning Center.

Session ID# 78620

Wednesday, September 22, 2021 9:00 a.m.--12:00 p.m.

Understanding Your Child's Present Levels and IEP Goals

In this session, participants will review the required components in their child's special education Present Levels of Academic Achievement and Functional Performance (PLAAFP) statements and Individualized Education Program (IEP) Goals and discuss techniques for working with school personnel to develop appropriate programming for your child.

Session ID# 76431

Monday, September 27, 2021 9:00 a.m.--10:30 a.m.

TXGRG Services for Kinship Caregivers

TXGRG offers support groups for Kinship Caregivers who are raising children. We educate and train Kinship Caregivers on issues related to Child Protective Services and any legal issue they are facing to help them. We introduce the program to anyone who has contact to Kinship Caregivers who need assistance. This session will be presented by Mercedes Bristol, founder of TX Grandparents Raising Grandchildren (TXGRG).

Wednesday, September 29, 2021 9:00 a.m.--12:00 p.m.

Academic Parent Teacher Teams, Day 1 of 2

This session is only for district or campus staff.

Are you looking to start the school year with a more effective way to conduct your parent teacher conferences that help support student learning in the home and builds positive relationships with parents? Academic Parent Teacher Teams is a model that accomplishes that! Academic Parent Teacher Teams (APTT) is a research and evidence-based family engagement framework and best practice that aligns grade level learning skills, student performance data, and family-teacher communication and collaboration in order to inform and enrich the way families support learning at home.

Fee: \$25

Session ID# 76437

Thursday, September 30, 2021 9:00 a.m.--3:00 p.m.

Seven Habits of Successful Families

This in-person session is held at the ESC-20.

What does it mean to be a successful family? It's no secret that families today are in trouble. Do you want or need to learn more on how to make your family a successful one? Then this is the training for you! Stephen Covey's 7 Habits of Successful Families training offers a much-needed framework for applying universal, self-evident principles that enable family members to communicate their challenges and overcome them successfully together.

Session ID# 78640

Wednesday, October 6, 2021 9:00 a.m.--12:00 p.m.

Title I: School-Parent Compact and Parental Involvement Policy

This session is only for district or campus staff.

Policies and compacts! What goes where and when?! Let's talk about what the law says and how it might look within your district/campus documents. Bring your existing School-Parent Compact and Campus/ District Parent Involvement Policies so that we can work through the elements with colleagues.

Session ID# 76450

Friday, October 8, 2021 1:00 p.m.--3:00 p.m.

A Conversation About the Importance of Mental Health and Wellness

Mental Health and Wellness? These "buzz words" have become more prevalent given the pandemic. But what does mental health and wellness entail-what does it mean? Join presenter, Dr. Nancy P. Razo, as she discusses mental health and wellness and how important it is for parents to understand this topic and how it can affect potential substance use.

Session ID: 78625

Thursday, October 14, 2021 9:00 a.m.--11:00 a.m.

Introduction to Raising Highly Capable Kids™

Raising Highly Capable Kids wants to help you give your child that fighting chance to combat the negative influences that inundate them on a daily basis. This 13-week curriculum, bilingual, evidence-based program helps parents raise healthy, caring and responsible children. With some helpful information, encouragement from others and your commitment, raising highly capable kids really is possible. Come learn more about the Raising Highly Capable Kids curriculum in this introductory course that will take you through session 1--We're All in This Together!

Session ID# 78628

Tuesday, October 19, 2021 9:00 a.m.--10:30 a.m.

KidSmartz/NetSmartz Internet Safety

Learn the latest statistics, online resources, and expert tips to educate, engage, and empower children to be safer online and offline. Contains age appropriate tips, thought-provoking discussions, as well as candid, practical advice. This session will be presented by Gladys C. Ojeda, Prevention & Community Awareness Manager, from the ChildSafe San Antonio organization.

Wednesday, October 20, 2021 9:00 a.m.--12:00 p.m.

Academic Parent Teacher Teams, Day 2 of 2

This session is only for district or campus staff.

Are you looking to start the school year with a more effective way to conduct your parent teacher conferences that help support student learning in the home and builds positive relationships with parents? Academic Parent Teacher Teams is a model that accomplishes that! Academic Parent Teacher Teams (APTT) is a research and evidence-based family engagement framework and best practice that aligns grade level learning skills, student performance data, and family-teacher communication and collaboration in order to inform and enrich the way families support learning at home.

Fee: \$25

Session ID# 76439

Thursday, October 21, 2021 9:00 a.m.--11:00 a.m.

Shame, blame, and more of the same: breaking unhealthy patterns of behavior and reinforcement

Let's discuss breaking unhealthy patterns of behavior and reinforcement. We will explore how our responses shape behavior and may lead to the exact result we are trying so hard to avoid. We will also challenge ourselves to mindfully choose to respond in a different way and gain a more desired outcome.

Session ID# 76462

Tuesday, October 26, 2021 9:00 a.m.--11:00 a.m.

Understanding the Impact of Hearing Loss on Language, Communication, and Curriculum

In this session you will learn the basics of hearing loss and the potential impact that hearing loss has on language and communication development as well as on academic success. Avenues of access to the curriculum for students who are deaf or hard of hearing (D/HH) will also be discussed.

Session ID# 76468

Wednesday, October 27, 2021 9:00 a.m.--11:00 a.m.

Packing Healthier Lunches

This fun and festive class is for parents/caregivers interested in packing healthier more seasonal lunches for themselves and others. You will be treated with some tips, tricks, and resources. Don't be scared to join this "spooktacular sesh," especially if you enjoy recipes and the thrill of cooking. This session will be presented by Tracy West, Nutrition Education Coordinator, from the San Antonio Food Bank.

Session ID# 78639

Thursday, October 28, 2021 9:00 a.m.--2:00 p.m.

Virtual Community Resources Fair

Join us at the Virtual Community Resources Fair! Come hear a short presentation from local community organizations about some of the supports they provide to school districts and families on transition services and more. This event provides resources for all ages of students, including children and youth with special needs. Visit "virtual booths", get information, and discuss any concerns or questions.

Session ID# 78660

Wednesday, November 3, 2021 9:00 a.m.--11:00 a.m.

Family Engagement Network Meeting #2 This session is only for district or campus staff.

This session will teach the components to develop successful academic parent teacher teams that can build the capacity of families to effectively engage in supporting their child's grade level learning goals. It will be held in 2 half-day sessions. Please register for both Day 1 and Day 2.

Thursday, November 4, 2021 9:00 a.m.--11:00 a.m.

Introduction to Raising Highly Capable Kids™

Raising Highly Capable Kids wants to help you give your child that fighting chance to combat the negative influences that inundate them on a daily basis. This 13-week curriculum, bilingual, evidence-based program helps parents raise healthy, caring and responsible children. With some helpful information, encouragement from others and your commitment, raising highly capable kids really is possible. Come learn more about the Raising Highly Capable Kids curriculum in this introductory course that will take you through session 1--We're All in This Together!

Session ID# 78629

Tuesday, November 9, 2021 9:00 a.m.--12:00 p.m.

Linking Family Engagement to Student Learning

This session is only for district or campus staff.

Family Engagement is not just about inviting families to attend events on your campus, but when you do plan events on your campus, how are they linked to student learning? This session will focus on strategies and ideas to not only link student learning to events, but everything you do within your school so families can clearly understand, be involved with and communicate what their child is learning and how they are a part of it.

Fee: \$25

Session ID# 76624

Wednesday, November 10, 2021 9:00 a.m.--12:00 p.m.

Pathways to Adulthood

The Pathways To Adulthood transition training is designed to provide participants with a comprehensive overview of strategies, resources and things to consider as they begin to create a good life with and for their child after graduation. Join presenter, Cynda Green from the Texas Parent to Parent organization as she facilitates the discussion around the following topics:

- Managing Emotions: The Ups and Downs of Uncertain Times
- Looking Ahead: Why Having a Plan is Important
- Creating a Vision: Moving From Fear to an Action Oriented Plan
- Transition Planning: Preparing for Adulthood
- Life Long Learning: Post- Secondary Education
- Employment First: Making a Contribution Through Work
- A Place to Call Home
- SSI: Supplemental Security Income & SSDI: Social Security Disability Insurance
- Long Term Services and Supports (LTSS)
- Transfer of Rights: Guardianship & Alternatives Medical Transition

Session ID# 78631

Wednesday, November 10, 2021 1:00 p.m.--3:00 p.m.

STAAR Accessibility Updates

Come go in-depth with the accommodations that are approved for use on the STAAR test for ALL students. Parents will learn the difference between an accessibility feature and a designated support and who is responsible ensuring that these are documented and implemented. Participants will work through some of these testing accommodations and show examples of them in action.

Tuesday, November 16, 2021 9:00 a.m.--12:00 p.m.

Building Capacity for Family Engagement

This session is only for district or campus staff.

An effective parent and family engagement program is an important piece that contributes to student success. This half-day professional development session: Building Capacity for Family Engagement will provide a quick overview of ESSA Section 1116, Building Capacity requirements and will focus on strategies to help schools work innovatively with parents and families. Building the capacity of staff and parents is a requirement, but for sustained success it needs to be a mindset. (This training was developed by the Title I, Part A Parent & Family Engagement Statewide Initiative, ESC 16.)

Session ID# 76636

Wednesday, December 1, 2021 9:00 a.m.--12:00 p.m.

Effective Communication: Partnering with Parents, Day 1 of 2

This session is only for district or campus staff.

Teachers and administrators communicate with families on a daily basis. Research has shown that establishing strong communication and relationships with parents can have positive and tangible effects on a student's success in school. Whether trying to resolve an argument caused by miscommunication or sharing difficult information, this session will provide tips and tools to help you know how to handle tough situations and foster positive relationships with your students' parents.

Fee: \$25

Session ID# 77044

Thursday, December 2, 2021 9:00 a.m.--3:00 p.m.

Seven Habits of Successful Families

This in-person session is held at the ESC-20.

What does it mean to be a successful family? It's no secret that families today are in trouble. Do you want or need to learn more on how to make your family a successful one? Then this is the training for you! Stephen Covey's 7 Habits of Successful Families training offers a much-needed framework for applying universal, self-evident principles that enable family members to communicate their challenges and overcome them successfully together.

Session ID# 78471

Tuesday, December 7, 2021 9:00 a.m.--12:00 p.m

Positive and Proactive Behavior Supports

Providing positive behavior supports is important in the home, as well as in school. This training will provide positive and effective ways to support behavior in the home that are both empowering and inspiring.

Session ID# 77049

Wednesday, December 8, 2021 9:00 a.m.--11:00 a.m.

Introduction to Raising Highly Capable Kids™

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Session ID# 78630

Thursday, December 9, 2021 9:00 a.m.--11:00 a.m.

What Parents Need to Know About Testing

During this session, participants will learn more about the different state assessments administered throughout the year, how these assessments impact the educational careers of their children, and resources available to families.

Tuesday, December 14, 2021 9:00 a.m.--12:00 p.m.

Effective Communication: Partnering with Parents, Day 2 of 2

This session is only for district or campus staff.

Teachers and administrators communicate with families on a daily basis. Research has shown that establishing strong communication and relationships with parents can have positive and tangible effects on a student's success in school. Whether trying to resolve an argument caused by miscommunication or sharing difficult information, this session will provide tips and tools to help you know how to handle tough situations and foster positive relationships with your students' parents.

Fee: \$25

Session ID# 77048

Wednesday, January 12, 2022 9:00 a.m.--3:00 p.m.

Parenting the Love & Logic Way

This in-person session is held at the ESC-20.

Love and Logic is an approach to raising children that provides loving support from parents while at the same time expecting children to be respectful and responsible. Love allows children to grow through their mistakes. Logic allows them to live with the consequences of their choices. Love and Logic is easy to use, raises responsible children, and changes lives. By attending this training, you will learn to use humor, hope, and empathy to build up your adult-child relationship, provide real limits in a loving way, and learn how to teach consequences and healthy decision-making.

Session ID# 77119

Thursday, January 20, 2022 9:00 a.m.--10:30 a.m.

Adapting to Life After COVID?

COVID-19 was not only a health crisis, it was a mental health crisis. Between working from home, losing jobs, schools being closed and the real threat of a deadly pandemic, life got very heavy. While the world will never go back to what it was, hopefully this presentation will help provide the tools to adapt to the ever changing world we find ourselves in. This session is brought to you by James Denning from The Denning Center.

Session ID# 78641

Tuesday, January 25, 2021 9:00 a.m.--12:00 p.m.

Promoting STEM at Home for Young Children with Disabilities

This in-person session is held at the ESC-20.

Join us as we explore how to make Science, Technology, Engineering and Math (STEM) learning at home, engaging and developmentally appropriate for ALL young learners. We will explore the latest research in STEM learning for children with and without disabilities, the importance of introducing these concepts early, and how to naturally integrate STEM learning throughout the home environment. Participants will receive a wide variety of ideas for using simple household items to promote STEM learning.

Session ID# 76456

Wednesday, January 26, 2022 9:00 a.m.--3:00 p.m.

Love and Logic Early Childhood Parenting Made Fun*

This in-person session is held at the ESC-20.

Would you like to put an end to temper tantrums, whining, potty training and mealtime battles... and have a great time doing it? Discover how parenting toddlers can be a joy with Love and Logic's easy to implement techniques. *This training is specifically geared toward families with children ages birth through age six.

Session ID# 77120

Wednesday, February 2, 2022 9:00 a.m.--11:00 a.m.

Family Engagement Network Meeting #3

This session is only for district or campus staff.

Family Engagement Network Meetings are for any district or campus staff that work directly with families. The purpose of the Family Engagement Network Meetings are to provide training and support in areas to strengthen family-school partnerships. Community resources are shared along with hot topics and networking opportunities.

Tuesday, February 8, 2022 9:00 a.m.--11:00 a.m.

Love 146 Caregiver Training

Develop a basic understanding of human trafficking, commercial sexual exploitation, and vulnerabilities. Participants will also learn about safety planning with youth and resources available. This session will be presented by Gladys C. Ojeda, Prevention & Community Awareness Manager, from the ChildSafe San Antonio organization.

Session ID# 78654

Thursday, February 10, 2022 9:00 a.m.--12:00 p.m.

Understanding Your Child's Present Levels and IEP Goals

In this session, participants will review the required components in their child's special education Present Levels of Academic Achievement and Functional Performance (PLAAFP) statements and Individualized Education Program (IEP) Goals and discuss techniques for working with school personnel to develop appropriate programming for your child.

Session ID# 77054

Wednesday, February 16, 2022 9:00 a.m.--3:00 p.m.

Capacitación de Ser Padres con Amor y Lógica This session is conducted in Spanish.

El amor y la lógica es un enfoque para criar a los hijos que brinda un apoyo amoroso de los padres, al mismo tiempo que espera que los niños sean respetuosos y responsables. El amor permite que los niños crezcan a través de sus errores. La lógica les permite vivir con las consecuencias de sus decisiones. Amor y Lógica es fácil de usar, cría hijos responsables y cambia vidas. Al asistir a esta capacitación, aprenderá a utilizar el humor, la esperanza y la empatía para desarrollar su relación adulto-niño, proporcionar límites reales de manera amorosa y aprender a enseñar las consecuencias y la toma de decisiones saludables.

Session ID# 77124

Tuesday, February 22, 2022 9:00 a.m.--11:00 a.m.

Accommodations and Strategies for Students who are Deaf or Hard of Hearing

Participants will demonstrate knowledge of accommodations and strategies to enhance access to the school curriculum as well as to language and communication at home for students who are deaf or hard of hearing (D/HH). Auditory, visual, and communication access through accommodations and strategies will be discussed.

Session ID# 77054

Wednesday, February 23, 2022 9:00 a.m.--11:00 a.m.

Eating Right When Money is Tight

This lovely class is for parents/caregivers seeking to stretch their food dollars and save that hard-earned dough. Join this "sweet sesh" and we will happily prepare an arrangement of tips, ideas, and resources. We cannot gift our beautiful participants a box of chocolates, but we won't forget to bring healthy recipes, that may include chocolate and/or desserts. This session will be presented by Tracy West, Nutrition Education Coordinator, from the San Antonio Food Bank.

Session ID# 78656

Tuesday, March 1, 2022 9:00 a.m.--10:30 a.m.

Visual Supports in the Home

This session will provide information to use visuals for your child's receptive and expressive needs. Communication the key and visuals are especially important if your child is not yet communicating. Use visuals to prepare daily schedules and provide directions for chores. Visual support can be a game changer.

Session ID# 77026

Tuesday, March 22 2022 9:00 a.m.--11:00 a.m.

What is a Specific Learning Disability?

The Individuals with Disabilities Education Act (IDEA) serves as the federal law outlining all areas of special education. The IDEA includes 13 disability categories for school-based identification and eligibility, one of which is Specific Learning Disability (SLD). Join us explore the subareas of SLD as they related to reading, writing and math as well as potential co-occurring conditions such as dyslexia and related disorders.

Wednesday, March 30, 2022 9:00 a.m.--10:30 a.m.

Supporting your child's communication

Want to support your child's communication needs at home? Come learn about various tools and strategies to help support your child in their quest to communicate.

Session ID# 77078

Wednesday, April 6, 2022 9:00 a.m.--3:00 p.m.

Parent Training: Love & Logic Special Needs

This in-person session is held at the ESC-20.

Participants will learn a process for understanding the unique needs and competencies of each child, how to avoid becoming overwhelmed by a child's multiple, severe disabilites, how to maintain healthy "can do" expectations, tips for teaching essential life skills, skills for developing and maintaining a cooperative parent-school team, and strategies for reaching discouraged and resistant learners! This curriculum is designed to be a follow-up/bonus program for those that have already attended a Love and Logic class.

Session ID# 77125

Tuesday, April 12, 2022 9:00 a.m.--12:00 p.m.

Title I: School-Parent Compact and Parental Involvement Policy Workday

This session is only for district or campus staff.

This will be a work session toward your parent involvement policy and school parent compacts. Come and go as you would like. Bring copies of your current parent involvement policy and school parent compact so we can look at ways to make them more engaging with families and linked to student learning. This session is for district and campus staff.

Session ID# 77079

Thursday, April 14, 2022 9:00 a.m.--11:00 a.m.

What is Section 504 and How Can it Help My Child?

This session will provide participants with information on the origins of ADA and Section 504 and how they protect individuals with disabilities. We will discuss how a student qualifies for Section 504, what a 504 plan is and how accommodations can help students.

Session ID# 78878

Wednesday, April 20, 2022 9:00 a.m.--11:00 a.m.

De-escalation Strategies for Escalating Behaviors

For every action, there is a reaction. During this time of uncertainty, behaviors may come up that you've never seen before in the young person standing or sitting in front of you. According to Dr. Geoff Colvin, when a person experiences a behavior, there is a BEGINNING, MIDDLE and END to what he calls the "cycle" of emotions that we all go through. This session will examine effective strategies to promote de-escalation.

Session ID# 77084

Thursday, April 28, 2022 9:00 a.m.--12:00 p.m.

Community Resources Fair

This in-person session is held at the ESC-20.

Join us at the Community Resources Fair! Come hear a short presentation from local community organizations about some of the supports they provide to school districts and families on transition services and more. This event provides resources for all ages of students, including children and youth with special needs. Visit booths, get information, and discuss any concerns or questions.

Session ID# 78661

Wednesday, May 4, 2022 9:00 a.m.--11:00 a.m.

Family Engagement Network Meeting #4

This session is only for district or campus staff.

Family Engagement Network Meetings are for any district or campus staff that work directly with families. The purpose of the Family Engagement Network Meetings are to provide training and support in areas to strengthen family-school partnerships. Community resources are shared along with hot topics and networking opportunities.

Wednesday, May 11, 2022 9:00 a.m.--12:00 p.m.

Comparing School and Medical Therapy Services for Children

Healthcare providers frequently tell parents what school therapy should be provided, what it should focus on, and/or how much school therapy should be provided. Then parents' expectations are violated when the student's Admission-Review-Dismissal Committee implements the decision-making process that may not result in similar recommendations, causing confusion and resentment. This workshop will help parents contrast the medical model of therapy services (e.g., speech-language pathology, occupational therapy, physical therapy, etc.) with the school model required by federal law. Participating parents will better understand how therapy decisions are made in the schools and how to participate in that process.

Session ID# 77086

Tuesday, May 17, 2022 9:00 a.m.--12:00 p.m.

Summer Dyslexia/Dysgraphia Strategies

Come learn about different activities and strategies you can use at home during the summer to help your children identified with dyslexia or dysgraphia.

