



SAN ANTONIO INDEPENDENT SCHOOL DISTRICT  
STUDENT HEALTH SERVICES DEPARTMENT

2023-2024 COVID-19 PROTOCOLS

SAISD is committed to providing a safe and healthy environment of learning for students. With this in mind, we adhere to the recommendations of the Center for Disease Control and Metro Health regarding management of positive cases of COVID-19 in schools.

The CDC recommends the following actions:

**A person exhibiting any of the signs and symptoms listed below, get tested for COVID-19:**

- Fever (100 or above)
- Cough, headache, chills
- Difficulty breathing shortness of breath.
- Congestion or runny nose  
Shaking or exaggerated shivering
- Nausea, Vomiting or Diarrhea
- Fatigue, sore throat
- Muscle or body aches
- New loss of taste or smell

**A person who tested positive for COVID-19 should:**

- Stay home for 5 days.
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your home.
- Continue to wear a mask around others for 5 additional days.
- If you have a fever or symptoms have not improved, continue to stay home for up to 10 days, until your fever resolves, and symptoms improve.

**Strategies for everyday operations to prevent the spread of infectious diseases:**

- Staying up to date on vaccinations
- Staying home when sick
- Handwashing with soap and water or use hand sanitizer.
- Covering coughs and sneezes
- Cleaning and disinfecting workspaces.
- Improving Ventilation

**Rapid Antigen Testing:**

- A select number of SAISD campuses will be conducting Rapid Antigen testing on symptomatic students through November 30, 2023 (see your campus nurse for questions)
  - Parents are encouraged to access the link below to give consent for testing

English Form: <https://forms.office.com/r/yfn5wyZWuT>

Spanish Form: <https://forms.office.com/r/4RcwSP5nJy>

**SAISD procedure regarding COVID-19:**

- A. Symptomatic student comes to the clinic: Consent on file
1. a.) Negative Rapid test results without fever, diarrhea, or vomiting



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- Send student back to class
- Send Minor Illness / Injury notification form
- b.) Negative Rapid test results with fever, diarrhea, &/ or vomiting
  - Call parent for pickup
  - Give instructions on when to return to school (May return in 24 hours without the aid of fever, diarrhea, or vomiting suppressing medications)
  - Send Minor Injury/Illness Notification Form
- 2. Positive Rapid test
  - Call parent for pickup
  - Give isolation instructions and when to return to school
  - Send COVID-19 Parent Information Letter
  - Notify campus administrator
- B. Symptomatic student comes to the clinic: No consent on file
  - 1. No fever, diarrhea, vomiting, or new loss of taste or smell
    - Send student back to class
    - Send Minor Illness / Injury notification form
    - Notify parent for possible pickup if student returns to clinic
    - Offer the parent the opportunity to have the student tested at school, obtain consent
  - 2. Has fever, diarrhea, vomiting, &/or new loss of taste or smell
    - Notify parent for pickup
    - Give instructions on when to return to school (May return in 24 hours without the aid of fever, diarrhea, or vomiting suppressing medications)
    - Send Minor Illness / Injury notification form
    - Offer the parent the opportunity to have the student tested at school, obtain consent

**Parent Communication**

- We ask that parents keep their children home if sick and continue to notify their school/school nurse if they do test positive for COVID.
- Parents will be notified if two or more cases of COVID are identified in the same classroom within a specific timeframe.