

SAN ANTONIO ISD ADULT & COMMUNITY EDUCATION PROGRAM

Student Success



Student Success

Agenda-Day One

- Greetings & Introductions
- Overview
- Ice Breaker
- Goal Setting
- SMART Goals
- NRS (National Reporting System)
- Profile Analysis





Welcome

We are proud that you have decided to enroll in school to further your education.

The decision you have made to be here today demonstrates that you want to prepare for your future. We look forward to supporting you as you strive to reach your educational and career goals.

The purpose of Student Success are:

- •To introduce students to academic and college services which will support your educational and personal goals.
- To facilitate initial academic advisement.
- To provide employment, leadership and learning opportunities.

Ice Breaker "Getting to Know You"



- Form groups of three or four.
- Take turns introducing yourself to the members of your group.
- Make sure you discuss your favorite hobby or interest.

Ice Breaker: "Getting to Know You"

- 1. Why did you decide to enroll in adult education classes?
- 2. What do you hope to learn?
- 3. What will you do to accomplish your goal?
- 4. What might prevent you from attending class?
- 5. What can we do to help support you to reach your academic and career goals?



Setting Goals

Goal-setting is important to your success.

Your goals need to be **SPECIFIC**, **REALISTIC**, and **POSITIVE**.

Remember that achieving goals takes time and personal commitment.

Why Set Goals?

We all have dreams about what we want to do with our lives. But dreams are simply a wish list floating in the clouds. In order to move forward, you must set goals. Writing down your goals is the first important step towards your success.

About Setting Goals

What is a goal?

- A goal is something we set for ourselves.
- A goal is something we aim for.
- A goal is important for achieving success.
- A goal can help us measure our progress, to see if what we are doing is moving us closer to or further from our ultimate ambition.
 - A goal can be small: "I will wash my car Saturday morning."
 - A goal can be big: "I will become a nurse in the next three years."
- The big goals can be broken up into smaller ones:
 - o "I will increase my English by one level by the fall."
 - o "I will pass my GED test by this summer."
 - o "I will enroll in a CNA program by next spring."

About Setting Goals Continue

Tips to help you set goals:

- Keep it simple just a few sentences for each goal will be plenty.
- •Write your goals down! "The discipline of writing something down is the first step toward making it happen." (Lee Iacocca)
- Make a commitment to review your goals regularly.
- Allow your goals to reflect your values. Let your sense of "inner purpose" guide you.
- Visualize achieving your goal. See it, taste it, smell it. Feel your goal before it happens.
- Use motivating and positive language.

About Setting Goals Continue

- Share your goals with others and ask for their support.
- Reward yourself along the way. Even small achievements deserve recognition.
- Create goals for different increments of time (one week, one month, three months, one year, five years, ten years, et
- Make sure your goals are yours not just what others expect of you.
- Be sure to track your progress along the way. Setting goals is an ongoing process.

Long-Term and Short Term Goals



A **short-term goal** is something you want to do in the near future. The near future can mean today, this week, this month, or even this year. A short-term goal is something you want to accomplish soon.

A **long-term goal** is something you want to do further in the future. Long-term goals require time and planning. They are not something you can do this week or even this year. Long-term goals usually take 12 months or more to achieve.

Setting SMART Goals

People often set very strong work-related goals and neglect to do it for any other area of their life. While career is typically the most structured part of life, it doesn't have to be only one that benefits from clearly defined goals. Students should take the time to establish at least one solid goal for each area of their life. Here are some examples (some of these may not apply):

- Professional
- Relationships (family, friends, co-workers)
- Fitness/Health
- Intellectual
- Community Involvement
- Financial
- Education
- Artistic



A "good" goal has 5 distinct elements. To define them we are going to use the SMART acronym.

Specific- What do you want to achieve? How will you achieve it? Why is it important to you? Clearly define the outcome you want.

Measurable- Establish concrete criteria for measuring your success. Use actual numbers, target dates, or specific events to indicate when your goal has been achieved.

Achievable- Your goal(s) should push you past your comfort point, but you should still be able to attain them with effort and commitment.

Relevant - Your goal(s) should be important to you and the outcome should impact your life. Likewise, you should have the ability to directly impact them. Don't set goals that aren't significant or that you can't do anything to control.

Timely- Your goal(s) should have a time element established. This will keep you on track and prevent you from simply pushing a goal far into the future. It should matter now and you should have a sense of urgency about it.

GOAL SETTING SPECIFIC MEASURABLE ATTAINABLE RELEVANT TIME-BOUND

SMART Goal Worksheet

Today's Date:	Target Date:	Start Date:
Date Achieved:		
Goal:		
Verify that your goal is		
Specific: What exactly v	vill you accomplish?	
Measurable: How will yo	ou know when you have reache	ed this goal?
	g this goal realistic with effort ar	nd commitment? Have you got the resources
Relevant: Why is this go	pal significant to your life?	
Timely: When will you a	chieve this goal?	

SMART Goal Worksheet ICA Manual Page 110-111.

his goal is important because:								
he benefits of achieving this goal will be:								
ake Action!								
Potential Obstac	les Potential S	Solutions						
/ho are the people you will ask to	help you?							
pecific Action Steps: What steps	need to be taken to get you to your go	oal?						
/hat?	Expected Completion Date	Completed						

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Student Reflection Question

What has been discussed today in class? What does it mean to me?



Thank you



Welcome Back

Day Two
Student Success





Get To Know You BINGO

Likes cats better than dogs	Loves to watch sports	Checks Facebook daily	Sings in the shower or bathtub	Shops online
Never swears	Likes to do gardening	Likes Coke better than Pepsi	Decorates for holidays	Loves to hike or to walk
Has freckles	Has followed directions and built/made something	FREE	Went on a blind date	Can whistle loudly
Still watches the old black and white TV shows	Hates mice or snakes	Is the youngest child	Still knows their high school song	Votes every election
Loves to travel	Has caught a fish	Hates to watch the news	Likes to dance	Hates liver and onions



Recap-Review

What is something new that you learned yesterday?

Day One Recap

Recap

- Overview of Student Success
- Goal Setting
- SMART Goals
- ITEC Plan
- NRS (National Reporting System)
- Profile Analysis

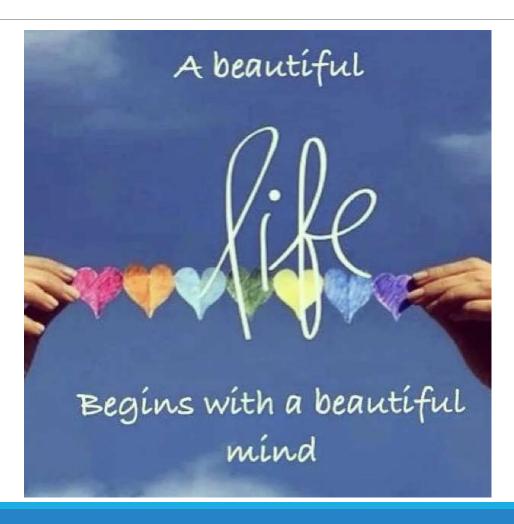
Student Success

Day Two

Agenda

- Positive Visualization
- Learning Style Inventory
- Student Interview
- Self-Inventory Assessment
- Solutions for Success
- Supportive Services

What is Positive Visualization





Positive Visualization

Direct your thinking toward the reality you want to create.

Creating reality with your thoughts is a fundamental ability of the conscious mind.

Reaching your dream is the result of your thinking.

Create Goal Pictures



A powerful visualization technique is to create a photograph or picture of yourself with your goal, as if it were already completed. If one of your goals is to own a new car, take your camera down to your local auto dealer and have a picture taken of yourself sitting behind the wheel of your dream car. If your goal is to visit Paris, find a picture or poster of the Eiffel Tower and cut out a picture of yourself and place it into the picture.

Positive Visualization

You can begin to create your vision of what you look like achieving your goals.

Along with the vision you will create statements that match our goals called **AFFIRMATIONS**.

-Affirmations are positive statements about achieving our goals, being successful and are positive in general.

I will Let GO
of the past that I do not need
and (REATE
the future that I want

Create a Visual Picture and an Affirmation for Each Goal

We recommend that you find or create a picture of every aspect of your dream life. Create a picture or a visual representation for every goal you have — financial, career, recreation, new skills and abilities, things you want to purchase, and so on.





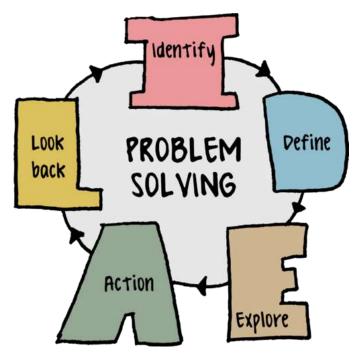
Coping Skills Problem Solving

Steps to Problem Solving

- Identify the problem
- Review options
- Think about the consequences of each option
- Choose the best solution

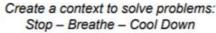
Problem Solving Activity

How to identify potential barriers and solutions to pursuing a personal goal:



How to solve problems

IDEAL Problem Solving





Allow each person to speak without interrupting or calling names
Focus on IDEAL Problem Solving Steps



1) dentify the Problem

-What is the problem? (Each person should take a turn to describe the problem and share their feelings, And the other person can then repeat what they heard)



4) Action - Choose and Use a Solution



2) Define Your Goals

-What do you want to happen?



5) Learn from your actions

- -Is it working? (if not, then go through process again)
- -What will you do the next time the situation occurs?

3) Explore Possible Solutions

- -What are some solutions?
- -Which is the best solution?
- -Is it safe?
- -How might people feel about it?
- -Is it fair?
- -Will it work?

Supportive Services





United Way of San Antonio and Bexar County

Every day people across San Antonio and Bexar County turn to United Way 2-1-1 for information and support—whether financial, domestic, health or disaster-related. 2-1-1 is a free, confidential referral and information helpline and website that connects people from all communities and of all ages to the essential health and human services they need, 24 hours a day, seven days a week.

2-1-1 can be accessed by phone or computer. A toll-free call to 2-1-1 connects you to a community resource specialist in your area who can put you in touch with local organizations that provide critical services that can improve—and save—lives.

Whether in times of natural disaster or personal crisis, 2-1-1 is committed to being the first, most essential resource to anyone who needs help

Get Help – Dial 2-1-1

You may also find help by accessing the 2-1-1/United Way Helpline online_database.

- Free and Confidential
- Accessible 24 hours a day, 7 days a week, including holidays
- Staffed by trained and certified call specialists
- Spanish and Language Line translation also available
- Comprehensive data base accurate and updated regularly



Services are both free and confidential to those seeking help regardless of age, lifestyle or issue. To communicate with a Call Specialist call 211 or 227-HELP (4357) anytime day or night.

Dialing 2-1-1 is a starting point for making a connection to community services such as:

- · Food and clothing
- Legal help
- · Medical care
- Dental care
- Employment
- · Child care
- Housing

- · Counseling/mental health
- Income tax preparation
- · Smoke detectors
- Project Cool (provides free box fans and heat precautions handouts to senior citizens (age 60 and older) to help alleviate the health risks posed by severe summer heat)
- · or many other services

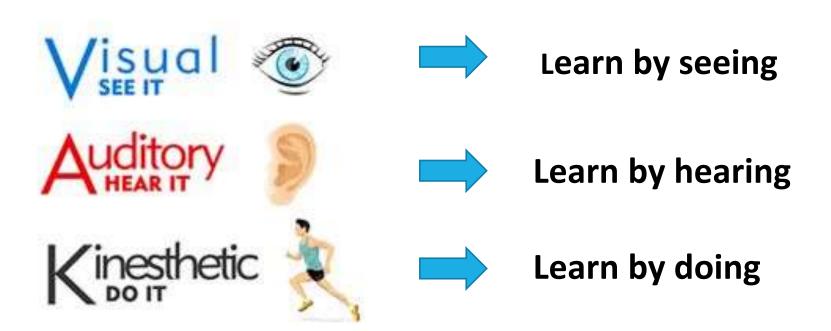
Knowing your Learning Styles

Do you know your preferred learning style? Or rather, do you know what one is?

A learning style is an individual's approach to learning based on strengths, weaknesses, and preferences. And knowing yourself as a learner is important if you want to achieve to the best of your ability.

No learning style is either better or worse than another. In fact, each learning style has its own strengths and limitations. But if you know your limitations, you can extend your abilities and reach your highest potential.

Three Different Learning Styles



Visual Learners

- take numerous detailed notes
- o tend to it in the front
- o are usually neat and clean
- o often their eyes to visualize or remember something
- find something to watch if they are bored
- like to see what they are learning
- benefit from illustrations and presentations that use color
- o are attracted to written or spoken language rich in imagery
- prefer stimuli to be isolated from auditory and kinesthetic distraction
- find passive surroundings ideal





Auditory Learners



- sit where they can hear but needn't pay attention to what is happening in front
- may not coordinate colors or clothes, but can explain why they are wearing what they are wearing and why
- hum or talk to themselves or others when bored
- acquire knowledge by reading aloud
- remember by verbalizing lessons to themselves (if they don't they have difficulty reading maps or diagrams handling conceptual assignments like mathematics).

Kinesthetic Learners

- need to be active and take frequent breaks
- speak with their hands and with gestures
- o remember what was done, but have difficulty recalling what was said or seen
- find reasons to tinker or move when bored
- rely on what they can directly experience or perform
- activities such as cooking, construction, engineering and art help them perceive and learn
- enjoy field trips and tasks that involve manipulating materials
- sit near the door or someplace else where they can easily get up and move around
- are uncomfortable in classrooms where they lack opportuniti experience
- communicate by touching and appreciate physically expresse such as a part on the back



What's Your Learning Style?

Student Reflection Question

What has been discussed today in class? What does it mean to me?



Thank you





Career Exploration

DAY 3



Recap-Review

What is something new that you learned yesterday?

Day Two Recap

- Positive Visualization
- Coping Skills
- Problem Solving
- Supportive Services
- Learning Styles
- Job Values



Student Success

Agenda-Day Three: College & Career Exploration

- Reality Check
- Education –VS- Average Pay
- Work in Texas
- Career Inventory
- College & Career Training
- Exploring Options for Further Education
- Student Reflection

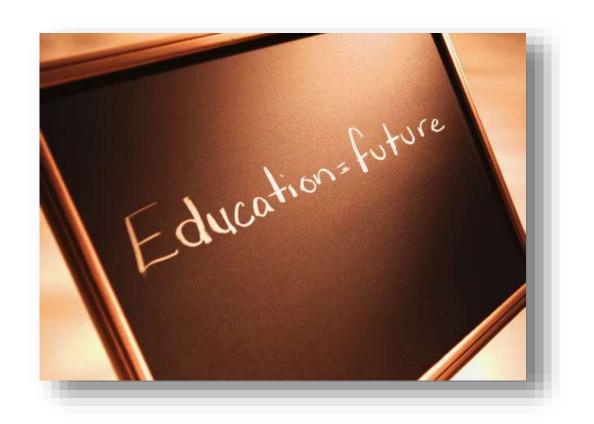
Success Starts with Me!

Making a good career choice

Developing an educational plan

Setting goals

Managing time to reach goals



Ice Breaker: "IF"

Questions:

- 1. If you could wish one thing to come true this year, what would it be?
- 2. If you could do your dream job 5 years from now, what would it be?
- 3. If you could learn any skill, what would it be?
- 4. If you could have any college degree, what would it be?

Resources for Career Hunters

- Work in Texas
- Texas Reality Check
- Texas Wages

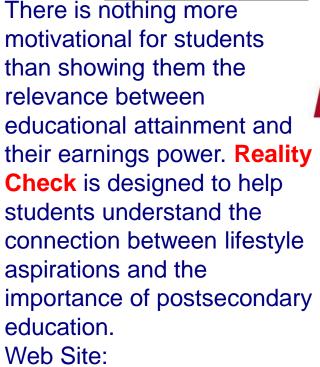


Will you be able to afford the lifestyle you want?

It's difficult to predict the future, but it's never too early to start planning for it. Texas Reality Check will show you how much your living expenses will cost, and the amount of money you will need to earn to pay for them.



It's time for a Reality Check.



www.texasrealitycheck.com



Lifestyle Calculator

- Walk through expenses you'll incur each month
- Decide how much to spend on your lifestyle
- Determine your minimum salary needs

Start Your Reality Check

 Explore occupations that earn the salary you'll need



Occupation Calculator

Choose an occupation, then review your expenses to see if its salary can support your lifestyle.

Get Started

Quick View Calculator

Skip the guided tour & quickly tally up your expenses to compare costs with different occupations.

Get Started

>

Work In Texas is the largest free job matching network in Texas. In addition to personalized job matching, WorkInTexas.com helps you build a resumé, provides access to career tools, and works as your job search agent. Find a job, find another reason to love Texas!

website: workintexas.com



Join the Largest Free Job Matching Network in Texas

3,976 Jobs Posted Today 279,493 Total Job Openings 296,731 Active Resumés 2,608,913 Total Jobs Filled

Employer Registration >

WorkInTexas.com is your Human Resource partner offering no cost services including job posting and advanced job matching to help you quickly find the best candidate.

- > Search All Resumés
- > Check Labor Availability
- > Access Recruitment Tools
- > Contact Us

Post a Job

Register Now to Post Jobs for Free!

Job Seeker Registration

In addition to personalized job matching, WorkInTexas.com helps you build a resumé, provides access to career tools, and works as your job search agent.

> Search All Jobs

> Find Jobs for Veterans

> Find State Jobs

> Access Career Tools

> Hot Careers

> Tell Us You're Hired

> Contact Us



Workforce Solutions Offices

We have specialists located throughout the state who can assist you with recruiting and job search.

Find your local Workforce Solutions Office



Veterans Services

Assists veterans in maximizing employment opportunities and transitioning to civilian life.

Read more

Which Career Pathway is right for you?

What Is **RIASEC?**

RIASEC is an abbreviation that stands for realistic, investigative, artistic, social, enterprising and conventional. RIASEC is also called John Holland's Six Types of Personality. The career keys were being organized and classified in terms of college majors, careers, career clusters and career pathways. This ingenious career matching system allows you to determine the careers and college courses that are most likely suitable to your abilities, interest, skills and traits.

16 Career Clusters

































Career Inventory Survey

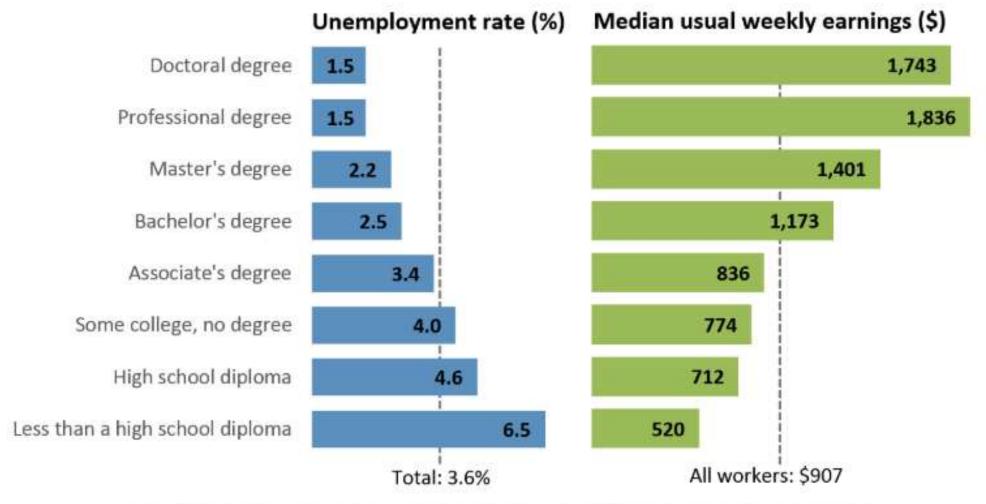
This career interest survey can help kick start thoughts about your career plans. Your results will point to some general work areas for career possibilities. Remember, your interests may change over time. The survey is intended to help with informal career exploration and makes no claims of statistical reliability. Circle the items in each box that best describe you. You may circle as many items as you want. When done, add the number of circles in each box to see which three have the highest totals

Education is Key

We all know that it's hard to become a high wage earner in this country without a college degree. This can make it hard to <u>save for retirement</u> or meet other financial goals. Access to the middle class is increasingly reserved for those with some higher education under their belts. Let's take a closer look at the average salary by education level to see what dividends education pays.

According to the U.S. Census Bureau, 88% of Americans had at least a high school diploma or GED in 2015. Thirty-three percent had a bachelor's or more, and 12% had an advanced degree such as a master's or professional degree, or a doctorate. To see what a difference education makes, check out the average salary by education level.

Unemployment rates and earnings by educational attainment, 2017



Note: Data are for persons age 25 and over. Earnings are for full-time wage and salary workers. Source: U.S. Bureau of Labor Statistics, Current Population Survey. Texas Wages gives you comprehensive information regarding regional wages (by Local Workforce Development Areas, and Metropolitan Statistical Areas), and Occupational **Employment Projections.** In Texas Wages you will find mean, median, entry, and experience wages presented in both annual and hourly formats. Find wage and employment statistics quickly and efficiently. Web site:

http://www.texaswages.com



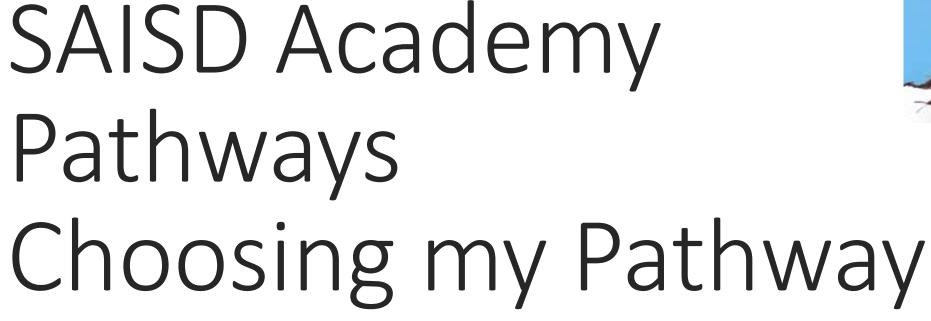
Student Reflection Question

What has been discussed today in class? What does it mean to me?



Thank you







DAY 4

Day Three Recap

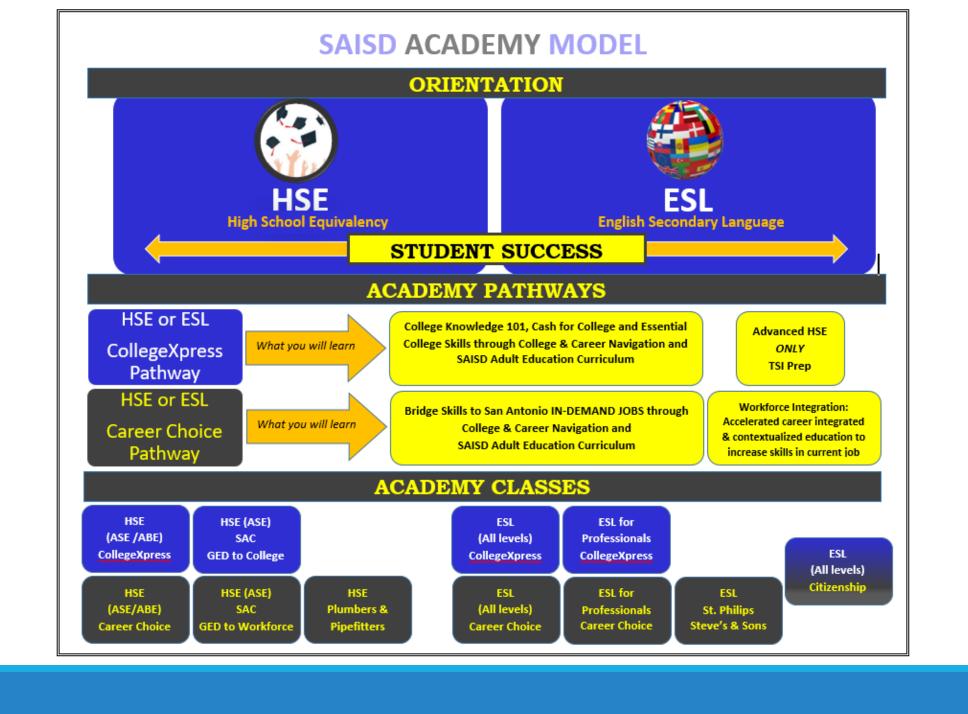


- Reality Check
- Education –VS- Average Pay
- Work in Texas
- Career Inventory
- College & Career Training
- Exploring Options for Further Education

Student Success

Agenda-Day Four: SAISD Academy Pathways

- SelfXploration
- Career Choice
- CollegeXpress
- ITEC Plan
- I.D. Pictures



Your Choice. Your Time. Your Education.

SAISD Adult Education Pathways Academy is a **Tuition-Free program** that is able to serve students ages 16 years and older. We provide students teacher support, flexible schedules, personalized curriculum, course-specific tutoring, and guidance in career and postsecondary educational planning.

We believe that no matter the circumstances, you deserve an opportunity to further your education and earn your High School Equivalency.

Whether you prefer to work on-site or online, we have options that will work for you.

Focus on one course at a time, or chip away at a full schedule. Let's find what works best for you together.

Reasons getting a High School Equivalency is in your best interest:

- 1. Career Opportunities. With a high school equivalency HSE, you're more likely to land the job you've been waiting for.
- 2. **Educational Opportunities**. A high school equivalency opens many doors to life long careers. If your goal is to complete a certification course at community college, or to move on to a 4-year university, the first step is a high school equivalency.
- 3. **Higher Salary**. Research suggests that those with a high school equivalency earn significantly more money per month than those who do not finish High School. Whether you are planning on continuing your education into the college realm or not, a high school equivalency will set you up for success.
- 4. Confidence and Health. Having a high school equivalency will raise your confidence and affirm that you are capable of furthering your career and your life. A HSE can gain you entry into a new job that was currently out of your reach, which in turn can provide medical care and security for you and your family. You will also be a role model for education and opportunities within your family and community.

The Successful Student

- √ Has a definite goal or college major
- Attends class faithfully
- ✓ Participates in class activities
- ✓ Enrolls in Distance Learning (online class)

Keys to Career Success

- ✓ Personality and Related Majors
- ✓ Learning Style and Intelligence
- ✓ Interests and Values
- ✓ Career and Educational Planning



College & Technical Training Exploration

Discovering the right college or training program begins with exploration. It's the kind of exploration that can take you to some really amazing places. You'll learn something about who you are and what you want to be. You may even learn that there's more than one right college for you.

And the exploration doesn't need to wait until you complete your HSE (GED®). It can begin today. Big future...get ready!

Discovering the right college for you!

Wherever you find yourself in the process, College Explorations can help by providing information, organizing college search and applications, answering questions, and helping you discover the college that best fits your unique talents and interests. In addition, College Explorations offers a variety of services tailored to meet the needs of students at various stages in the college application process. These include but are not limited to:

- ✓ College identification
- ✓ College Fairs
- ✓ College Tours
- ✓ Planning your College Visit
- ✓ College 101

Exploring Options for Further Education

- Proprietary Schools (Technical Schools, Trade Schools, and Institutes)
 Why you might consider this option?
- Two-year Community Colleges
 Why you might consider this option?
- Four-year Colleges and Universities
 Why you might consider this option?

Self exploration

Self Exploration

It is process to find out what is valuable to me by investigating within myself. Since it is me who feel happy, successful, unhappy or unsuccessful. Therefore what is right for me is to be judged by myself only. This whole process is called self-exploration.

According to Merriam-Webster, "The examination and analysis of one's own unrealized spiritual or intellectual capacities."

Purpose of self exploration:

- 1. It is a process of dialogue between "what you are" and "what you really want to be"
- 2. It is a process of self evolution through self investigation
- 3. Process of knowing oneself and through that understanding entire existence.
- 4. Process of recognizing relationship with every unit in existence.
- 5. Process of knowing human conduct, human character & living accordingly.
- 6. Process of being in harmony with oneself and with entire existence.
- 7. Process of knowing innateness, & moving towards self organization & self expression.

It is a process of dialogue between "what you are" and "what you really want to be"

Begin by asking yourself:

Am I what I really want to be?

Do I see myself doing this for the rest of my career?

Does this job offer me the security I need (secure w/benefits)

Do I enjoy going to work?

Do I have the qualifications & skills to apply for the job I dream to have?

Many times you will find you think something else, want to do something else and do something else.

Process of knowing oneself and through that understanding entire existence.

Ask yourself

Do I know myself?

Do I want this self investigation?

Am I satisfied in living my life without knowing myself?

If we know our self then only we will be able to know entire world around us.

Only then after we can know people we live with- family society-we interact with.

So this process starts with self and then through that also know the entire existence.

Career Choice

Career Choice Pathway

When choosing a certain **profession** or making a **career** switch, it is important to carefully find out what your interests and ambitions are. You can do this by means of a **career** aptitude test. Such a test gives you a clear insight in your talents and interests.

The following strategies will give you enough boosts to improve your career.

- 1. Identify with your goals.
- 2. Become aware of your strengths.
- 3. Assume Full Responsibility for Your Life.
- 4. Gather information on the opportunities open to you.
- 5. Make a decision on how to move forward.
- 6. Take action!

Finding Meaning & Joy

- ➤ Choose a career that is something you really like to do.
- ➤ Do your research and choose carefully and thoughtfully.
- ➤ You owe it to yourself to look for work that is meaningful and rewarding!

Factors to consider

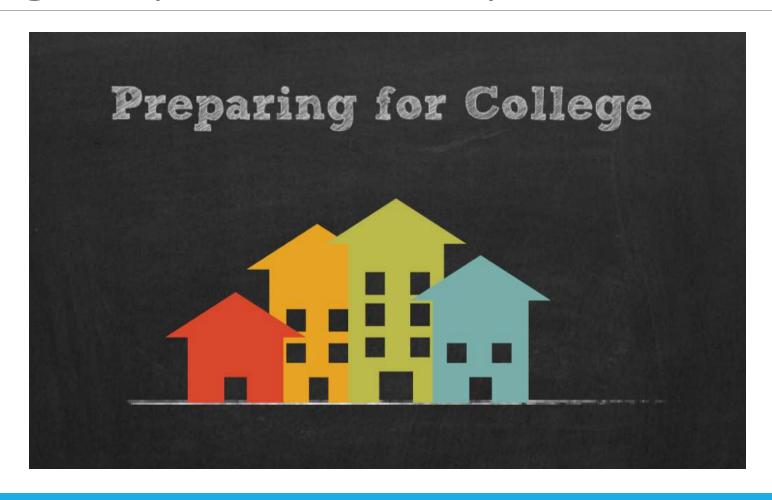
Do:

- explore a number of careers and majors
- >get involved
- ➤ Get advice from people in your target occupation
- > follow your passion
- ➤ Dare to try something new

Don't:

- focus on a major just to get a career out of it
- > select a major just because it is "cool" or seems to promise prestige
- ➤ let someone else push you into a job
- Assume that you have it all figured out

College Express Pathway



Why College?

Education Pays



Source: U.S. Census Bureau Labor Statistics, Current Population Survey 2011

Alamo College Partnership & Opportunities



Individual Training Education Career Plan (ITEC)





Individual Training Education Career Plan (ITEC)

Pre-Test Results							
Date Test Administered	Test Type and Form	Scale Score	EEL				
omain of Significance (DOS):							

I. Educational and/or Career Questions/ Preguntas educativas y/o de la Carrera

a.	My educational/career goal is to	Mi Met/	ta educative,
	de la carrera es	·	

- b. Have I made time in my schedule to attend class and study?/¿he hecho tiempo en mi horario para asistir a clase y estudiar?
- c. Do I see any personal challenges interfering with my educational goals in the future?/ ¿veo algún reto personal que interfiera con mis metas educativas en el futuro?
- II. What education and training is required for my goal?/¿Qué educación y formación se requieren para mi objetivo?
 - 1. High School Diploma or Equivalency Diploma de secundaria o equivalencia
 - 2. Vocational/Technical Training/Formación profesional/técnica
 - 3. Associate's Degree/ Grado de asociado
 - 4. Bachelor's Degree/Licenciatura
 - 5. Master's Degree/Maestría
 - 6. Doctorate Degree/ Doctorado
 - 7. Are internship hours required? / ¿se requieren horas de pasantía?
 - 1. How many?/ ¿cuantas?

Individual Training Education Career Plan (Completed by Teacher and Student) ABE/ASE

		Weekly A	ttendanc	е		
Week#	Dates	Cla	ss Hours	Distance Learning Hours	Total Hours	
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						
Instructor's Initials:		Student will review Goals and revise as applicable. Student will be progress tested as required by the Adul Education Program.				

National Reporting System (NRS) Chart

BEST PLUS				BEST LITERACY			
NRS Educational Functioning Level	BEST Plus Scale Score Ranges	Related Student Performance Levels	Required Instructional Hours between Pre- and Post- Test	NRS Educational Functioning Level	Scale Score Ranges	Student Performance Levels (SPL)	Required Instructional Hours between Pre- and Post- Test
Beginning ESL Literacy	88-361	0-1		Beginning ESL Literacy	0-20	0-1	
Low Beginning ESL	362-427	2		Low Beginning ESL	21-52	2	
High Beginning ESL	428-452	3	60 Hours	High Beginning ESL	53-63	3	60 Hours
Low Intermediate ESL	453-484	4	All Levels ESL	Low Intermediate ESL	64-67	4	All Levels ESL
High Intermediate ESL	485-524	5		High Intermediate	68-75	5-6	
Advanced ESL	525-564	6		ESL Advanced ESL	76-78*	7	

National Reporting System (NRS) Chart

TABE 9 and 10

NRS Functioning Level	Grade Level Equivalent Range	Reading Scale Score Ranges	Total Math Scale Score Ranges	Language Scale Score Ranges	Required Instructional Hours between Pre- and Post- Test	
Beginning Adult Basic Education (ABE) Literacy	0-1.9	0-367	0-313	0-389		
Beginning Basic Education	2-3.9	368-460	314-441	390-490	40 Hours	
Low Intermediate Basic Education	4-5.9	461-517	442-505	491-523	40 Hours	
High Intermediate Basic Education	6-8.9	518-566	506-565	524-559		
Low Adult Secondary Education (ASE)	9-10.9	567-595	566-594	560-585	30 Hours	
High Adult Secondary Education (ASE)	11-12.9	596-812	595-775	586-826	Pass GED Official Exam	

Student Reflection Question

What has been discussed today in class? What does it mean to me?



Identification Card(I.D.)

