

## SAISD Child Nutrition Services Department

Meals to 95 District Sites  
Approximately 90,000 student  
meals daily  
Approximately 16 million meals  
per year

### Programs Offered:

Breakfast

Lunch

After School Snack

After School Supper Meals

Summer Meals



the **School Day**  
just got  
**Healthier**  
United States Department of Agriculture

### Menus:

Menu information to include allergens, nutritional information, and items served can be found by downloading the Nutrislice app or by using the link below. Students and parents can also provide feedback on menu items using Nutrislice.

[www.saisd.nutrislice.com](http://www.saisd.nutrislice.com)



### Did you know?

The Child Nutrition Department has a Chef and Registered Dietitians/Nutritionists on staff who develop the menus and recipes.

San Antonio ISD Child Nutrition also partners with the Culinary Institute of America for recipe development and training of our kitchen staff to help produce high quality meals.



### Sharing Tables & Food Pantries

Sharing Tables & Food Pantries are available at campuses to help alleviate food waste and combat food insecurity. For more information, please visit the Child Nutrition Website.

**For more information on all that the Child Nutrition Services Department offer, please visit our Department webpage:**

<http://www.saisd.net/nutrition>

The mission of SAISD Child Nutrition Services Department is to enhance the learning and health of the children by nourishing their bodies and minds through the availability healthy, nutritious and appetizing meals!



Child Nutrition Services  
210-554-2290

"This institution is an equal opportunity provider."



## *SAISD Child Nutrition Facts*

- ✓ The SAISD Child Nutrition Department's menus follow and exceed standards set forth by the United States Department of Agriculture (USDA).
- ✓ Students can select from a variety of entrée items daily as well as an abundance of fruit and vegetables.
- ✓ We have several locally made San Antonio items on our menus including our Taco and Chalupa Shells, Biscuits, Dinner Rolls, Gravies and even our milk!
- ✓ We also make sure that we purchase items that are grown or made right here in our great state of Texas, including all our fresh breads, tortillas, juice, and our empanadas, among many other great things.
- ✓ We utilize the USDA produce program that partners with the Department of Defense (DoD) that helps bring us the freshest Fruits and Vegetables!
- ✓ We also partner with USDA to bring in foods we might not otherwise see in schools, including Berry & Peach Cups, Butternut Squash, Diced Sweet Potatoes and many others, all of which appear on the menus!
- ✓ Fun Fact! The items you see at your schools may look like the items that are at your grocery store, but they are specially made to be whole grain, low fat, low sugar and in more appropriate portions.
- ✓ Our milk is free from Artificial Growth Hormones, are dye free and all natural!
- ✓ All students in San Antonio ISD can eat for free regardless of eligibility status, so encourage your students to come eat every day!
- ✓ We strive to offer a variety of types of foods that can range from Italian to Asian and everything in between to allow our students to explore their palates.