



San Antonio Independent School District

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SEAD: Three Essential Elements



SAISD has identified three essential elements of effective SEAD implementation:

1. Culture & Climate

- Adult Mindset – targeted professional development and mindset work takes place in areas such as cultural and linguistic competence, implicit bias, trauma-informed care (TIC), adverse childhood experiences (ACEs), equity, and parent communication.
- Evidence-Based behavioral/social-emotional systems or approaches such as Positive Behavior Interventions and Supports (PBIS), Restorative Practices (RP), Trust-Based Relational Intervention (TBRI), Conscious Discipline, and Capturing Kids Hearts are implemented with fidelity and continuously modeled by the adults in the building, creating a welcoming school environment and sense of community.

2. Explicit Instruction

- Social-emotional learning competencies and common language are established.
- Scaffolded, developmentally-appropriate explicit instruction is taught, modeled, practiced, and reinforced over time.

3. Integration

- Curriculum and instruction across content areas reinforce the social-emotional learning competencies and provide opportunities for practice and refinement.
- There is evidence of the social-emotional learning competencies in all policies, procedures, language, supports, organization, student work and stakeholder interaction.

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